INSPIRE NEW APPROACHES TO SELF-GUIDED LEARNING



INTRODUCTION

Self-guided Learning (SGL) aims to build learner ability to be less reliant on the input from their lecturer in achieving learning outcomes. SGL will allow learners to learn at their own pace, time and take part in the learning process. The use of creative activities, technology applications and different learning tools had proven supporting and enhancing learners' interest in improving their cognitive knowledge, psychomotor skills and ability to perform simple analysis. Students learning experiences and outcomes will be influenced by the SGL approaches. This study aims to identify student preference on selfguided learning approaches and to explore student self-guided learning experiences.

METHODS

A mixed method was employed in this study.

A survey was distributed to 197 undergraduate students from the School of Hospitality and Service Management (SHSM). Followed by a focus group interview among 12 students to gather in-depth information.



RESULTS

Program Enrolled by Students



52.8%





19.8% 27.4%

36% Year 1 students

25.4% Year 2 students

38.6% Year 3 students

Number of subjects enrolled per semester



42.1% students enrolled 5 subjects

53.8%

Aware on **LEARNING INNITIIATIVE** for SGL

32%

PREFER SGL compare to Physical class.



45.7%

Prefer **TECHNOLOGY** application for effective participative SGL

53.8%

Prefer PRE-RECORDED CLASS & INSTRUCTIONAL METHOD for effective participative SGL

Challenges

- Technical issue
- Language barrier
- Motivation
- Distraction
- Time factor



- Learn before actual class
- Materials are available



Disadvantages

- Too many subjects to focus
- Not enough time



CONCLUSION

Student Most Preferred Learning Tools



Pre-recorded

class



Reading

Materials





Online Activities

Educational Video

Suggestions for effective SGL

- **Re-evaluating traditional** pedagogical approaches in the online context.
- Designing courses in a format enriched by social interactions may increase students' motivation to learn and reduce their mental stress.
- Creating awareness and educating students about SGL for a smooth transition.

METHODS

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