

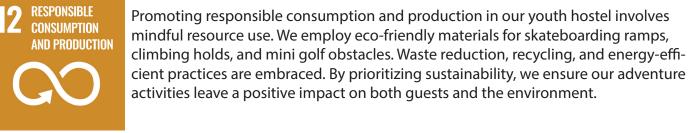
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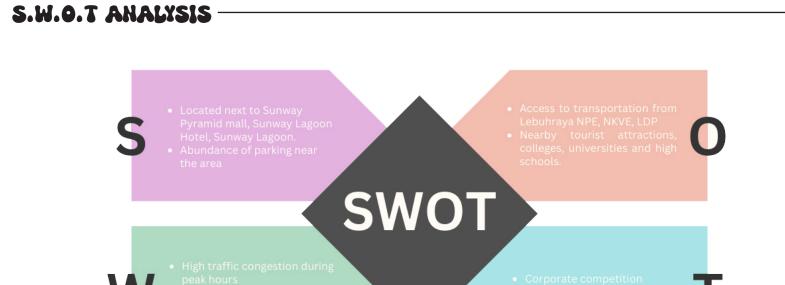
PL.01.01 SCALE 1:100

GOOD HEALTH AND WELL-BEING Under stimulation of conventional activities for people with ADHD

ADHD presents challenges in academics, occupations, relationships, and mental health. Academic underachievement and decreased productivity stem from attention and organization issues. Social struggles arise from impulsivity and inattention, potentially causing isolation. Coexisting mental health conditions like anxiety and depression complicate management. ADHD's multifaceted impact requires comprehensive support.

With adult ADHD Without adult ADHD



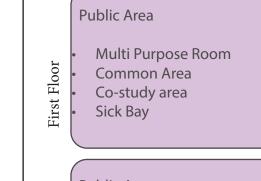




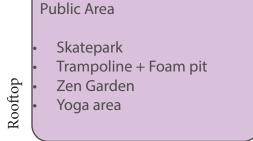








Public Area





Private Area

Staffroom

Kitchen

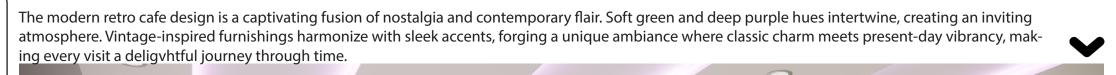
Store

Electrical room

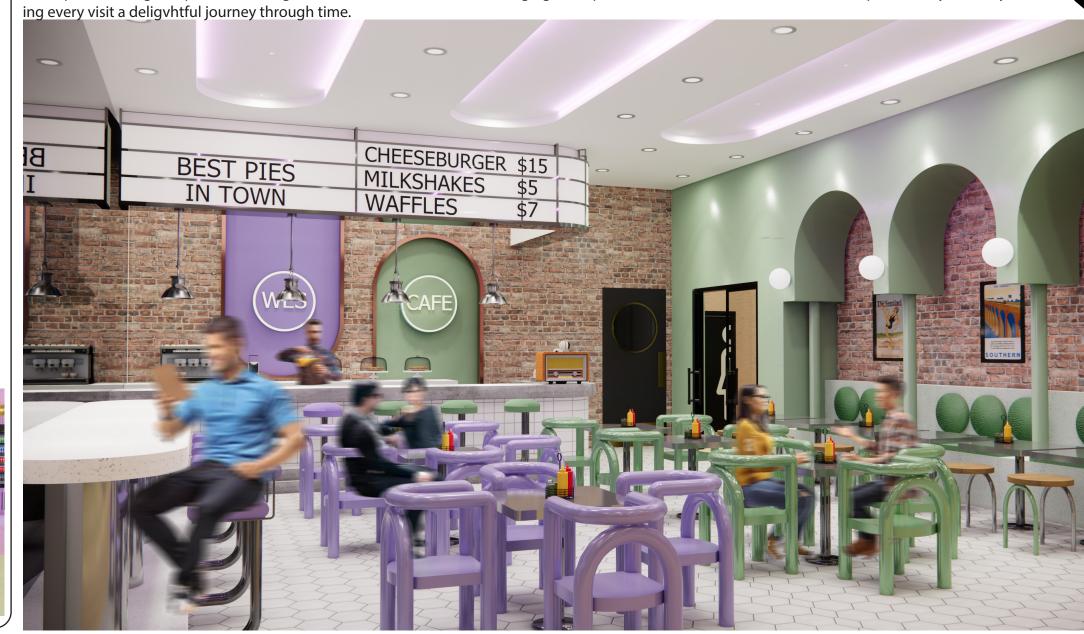
Security room

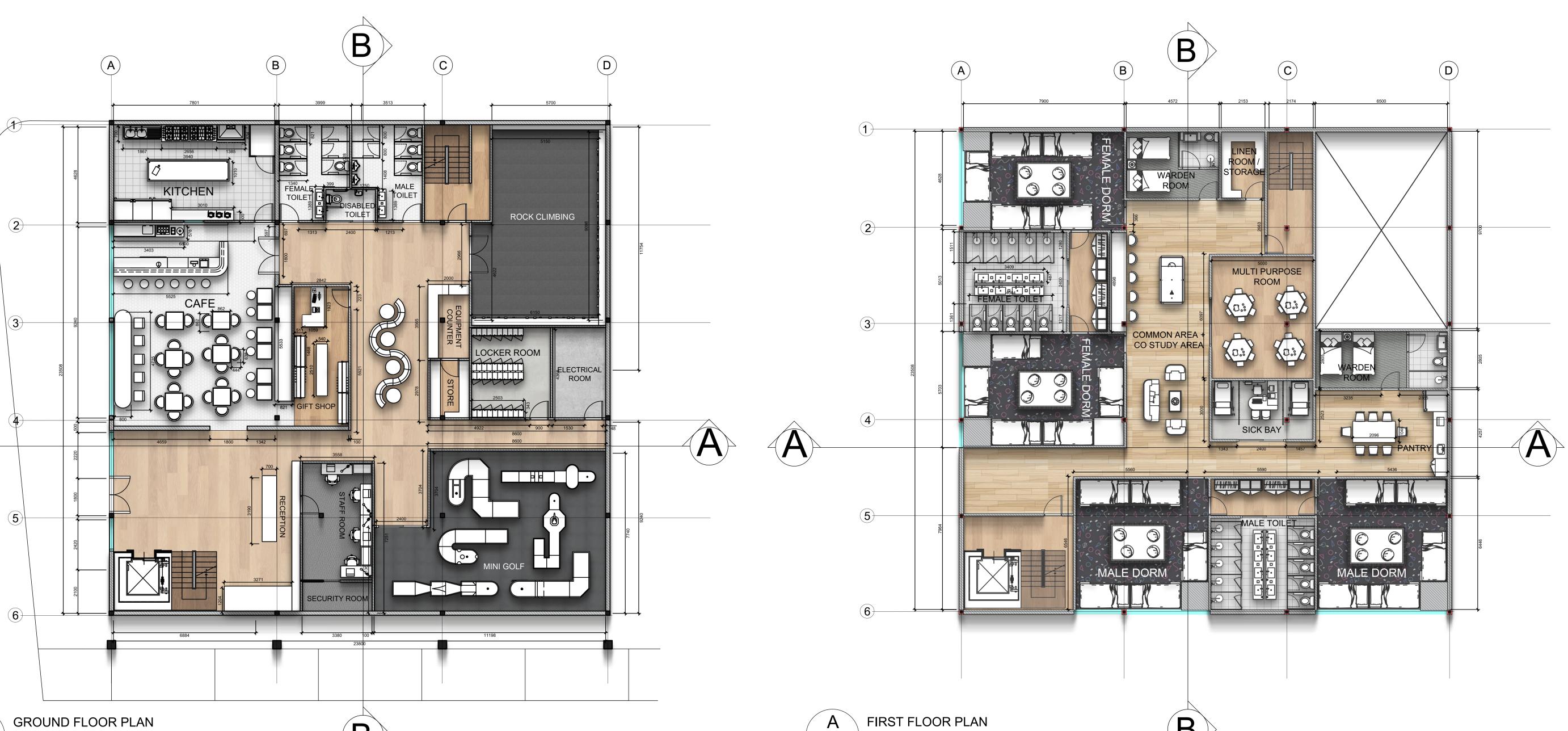




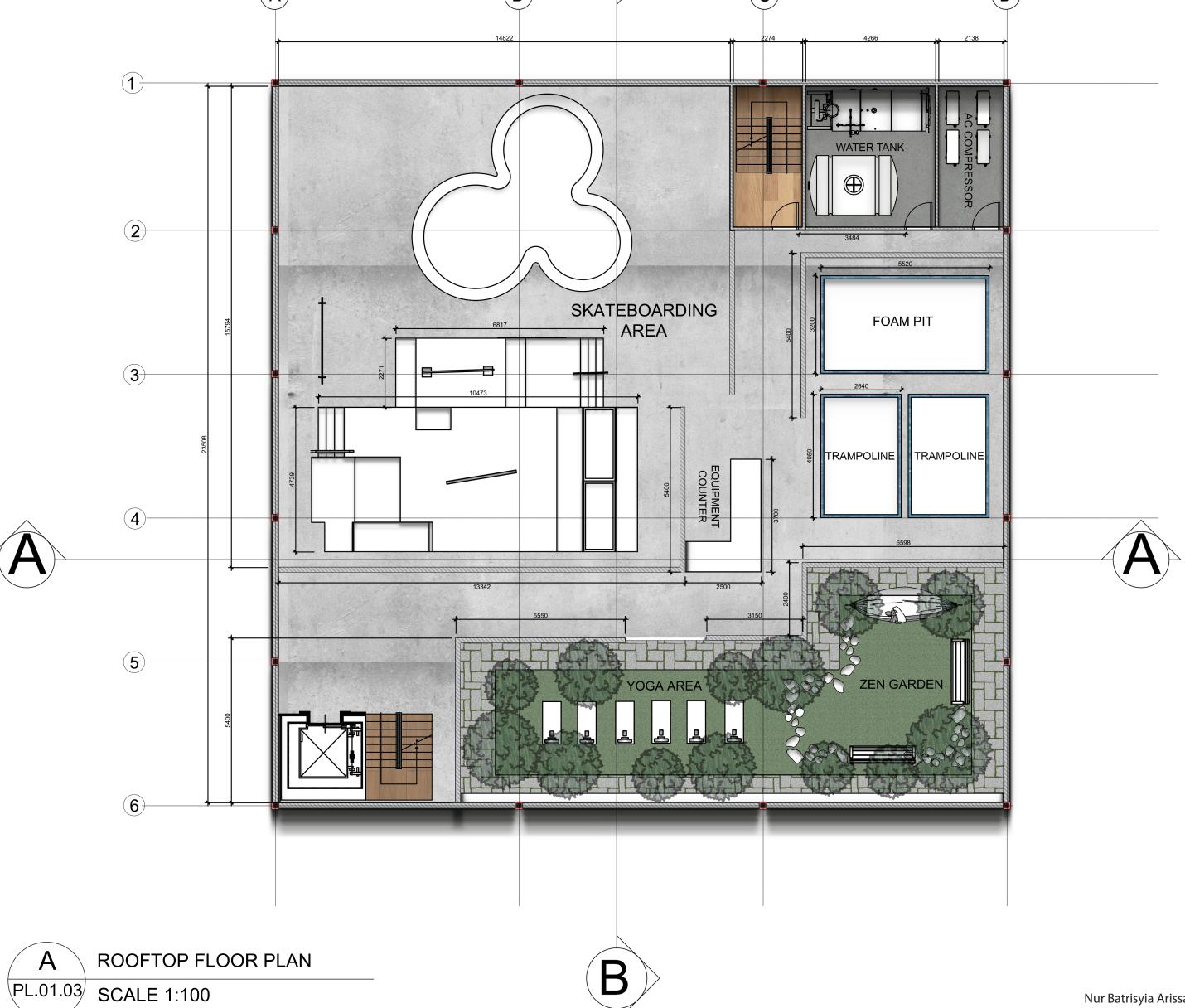


RECEPTION





PL.01.02 SCALE 1:100



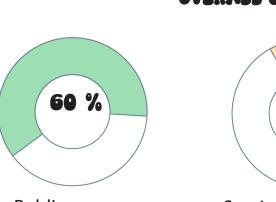
Axonometric View – Multi-purpos∉ room Rockclimbing

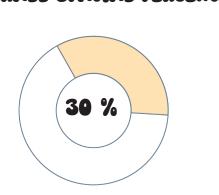
A SECTION A-A

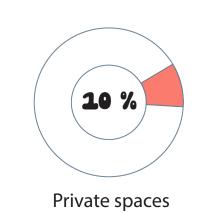
S.01.01 SCALE 1:100

Schedule of Accommodation

Overall spatial percentage







Public spaces Semi- private spaces

GRAUND FLAGR

5round	Floor					
	Spaces (Ground Floor)	Area per person (m2)	No. of person	Area for 1 room (m2)	No. of rooms	Total area for all rooms (m2)
	Reception Area	40	2	80	1	80
	Lounge	4.5	20	90	1	90
Public Spaces	Toilet (Male)	2.273333333	6	13.64	1	13.64
	Toilet (Female)	2.273333333	6	13.64	1	13.64
	Disable Toilet	3.6	1	3.6	1	3.6
					Subtotal	200.88
Activites	Rock Climbing Wall	9.783333333	6	58.7	1	58.7
7 Outrice	Mini Golf	12.78	6	76.68	1	76.68
	Will ii Goli	12.70	· ·	70.00	Subtotal	135.38
	Kitchen Area	9	4	36	1	36
	Wet Kitchen					
	Dry Kitchen					
	Storage Room	2	4	8	1	8
	Pantry					
	Freezer					
Cafè	Counter Area	4	4	16	1	16
	Cashier					
	Coffee Making Station					
	Pastry display					
	Bar counter					
	Dining Area	1.91875	40	76.75	1	76.75
					Subtotal	136.75
	Staff Room	4.775	4	19.1	1	19.1
A		2.3665		4.733		
Administration	Security Room	2.3005	2	4./33	1 Subtotal	4.733 23.833
	Service Lift	0.816	10	8.16	3	24.48
Services	Locker Room	0.8295	20	16.59	1	16.59
					Subtotal	41.07
Utilities	Electircal Room + Server	5.585	2	11.17	1	11.17
					Subtotal	11.17
					Total	567

FIRST	FLOOR

	Spaces (First Floor)	Area per person (m2)	No. of person	Area for 1 room (m2)	No. of rooms	Total area for all rooms (m2
	Common area	6.185	10	61.85	1	61.85
Public Spaces		1.25	24	30	1	30
rubiic spaces	Classroom / Multi Purpose Room	1.25	24	30	Subtotal	91.85
					Subtotal	91.03
	Bathroom (Female)	2.5	10	25	1	25
Private Spaces	Bathroom (Male)	2.3	10	23	1	23
	Shared Pantry	4.566666667	6	27.4	1	27.4
					Subtotal	135
	Dorm Rooms (5 Bunk Beds)	4.135	10	41.35	4	165.4
	- Female Rooms					
accommodation Facilities	- Male Rooms					
	Warden Room	6.305	2	12.61	2	25.22
	Medical Bay	7.25	2	14.5	1	14.5
					Subtotal	205.12
	Storage Room (Linen Room)	3.455	2	6.91	1	6.91
Ancillary Spaces	- Bed Sheets					
	- Toiletries					
	Janitor's Closet	2	2	4	1	4
					Subtotal	10.91
Services	Lift	0.816	10	8.16	3	24.48
Cervices	Litt	0.010	10	0.10	Subtotal	24.48
					Total	467.36











Indoor rock climbing comes alive with a vibrant palette of blue, yellow, and white. The exhilarating walls provide a canvas for adventure, blending these dynamic colors to inspire climbers as they ascend, fostering a sense of energy and achievement within the climbing environment.



The Zen yoga garden boasts a calming wall fountain nestled amidst trees. A restful bench and swaying hammock invite relaxation. A gentle pathway guides meditative strolls.

This serene haven offers solace, tailored for individuals with ADHD seeking respite, providing a serene escape to unwind and find tranquility.

