

2026

Catalogue

2027

Who We Are

We are at the forefront of groundbreaking research and exciting new ideas. We complement Sunway University's mission in the dissemination of knowledge by turning research findings and exciting ideas into thought-provoking publications for the community—from experts in the field to the general reader.

Vision

We strive to be Asia's torch of knowledge and ignite the love for learning and scholarship through publishing.

Mission

We seek to further Sunway University's mission by publishing and disseminating knowledge from ideas and scholarship at the highest levels of excellence.

Doing Well by Doing Good

At Sunway University Press, our mission is rooted in academic excellence, sustainable development, and the cultivation of knowledge that builds and uplifts communities. We are dedicated to the philosophy of *Doing Well by Doing Good*, curating a catalogue of scholarly works that resonate with the core pillars of Environmental, Social, and Governance (ESG) principles:

ENVIRONMENTAL

- Climate change
- Energy
- Waste management
- Urbanisation/Eco-urbanism



SOCIAL

- Art & architecture
- Business & finance
- Education
- Employment
- Healthcare
- History & culture
- Well-being
- Inclusivity & equity



GOVERNANCE

- Artificial intelligence & robotics
- Corporate governance & ethics
- Digital governance & technology
- Regulations & policies



SDG Publishers Compact



Sunway University Press (SUP) is a signatory of the UN Sustainable Development Goals Publishers Compact, an initiative launched in collaboration with the International Publishers' Association to inspire publishers around the world to take action and accelerate progress to achieve the UN Sustainable Development Goals (SDGs) by 2030.

As a member of the Compact, SUP voluntarily commits to the principles of sustainable practices and to publish material that champions the SDGs.



MAPIM



MABOPA

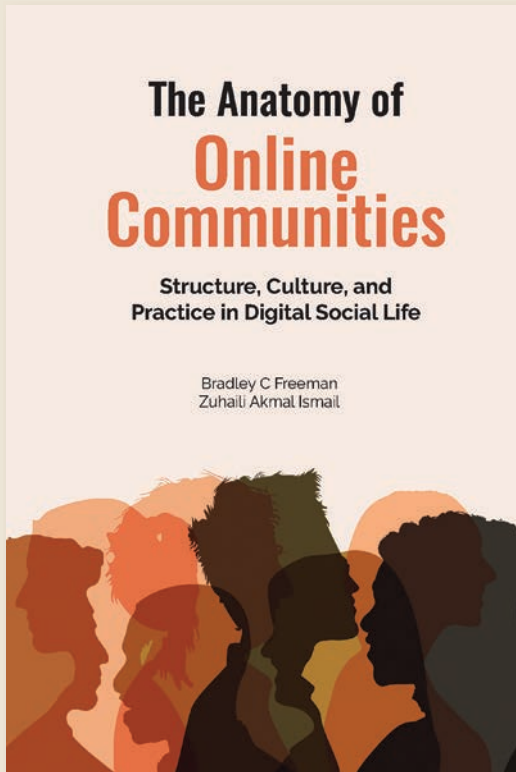
Malaysian Book Publishers Association



THE ANATOMY OF ONLINE COMMUNITIES

Structure, Culture, and Practice in Digital Social Life

Bradley C Freeman, Zuhaili Akmal Ismail



This book offers a clear framework for understanding how communities are structured, how culture emerges within them, and how everyday practices sustain participation over time. Drawing on theory alongside case studies from Southeast Asia and other global contexts, the book examines community purpose, membership, governance, visibility, moderation, and longevity. Written for students, researchers, and practitioners, it connects academic perspectives with applied insights relevant to social platforms, learning communities, and hybrid digital spaces.

Bradley C Freeman, is Professor of Communication & Media Studies at Sunway University, Malaysia, and Programme Leader for postgraduate Creative Arts and Media. His work examines online communities, digital culture, and global media, informed by teaching and research experience across North America, the Middle East, and Asia.

Zuhaili Akmal Ismail is a communication academic and creative practitioner at Sunway University, Malaysia. His professional background includes senior creative roles in global advertising, major international awards, and ongoing work as an educator, consultant, and media columnist.

Paperback (978-629-7646-58-9)
2026

496pp | 153 mm (W) x 229 mm (H)

Readership

Students, educators

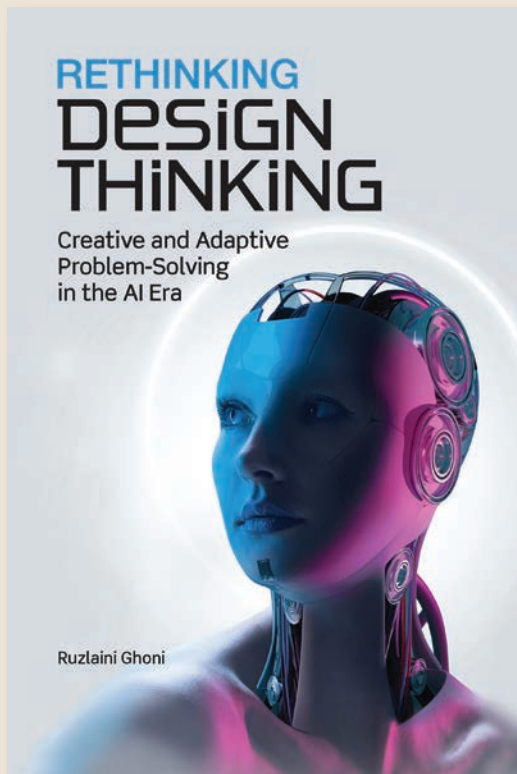
Subject Area

Media studies

RETHINKING DESIGN THINKING

Creative and Adaptive Problem-Solving in the AI Era

Ruzlaine Ghoni



This book introduces a structured yet practical approach that helps readers understand problems, generate innovative ideas, develop prototypes, and evaluate solutions effectively. Written as a step-by-step resource for undergraduate and postgraduate learners, this book explains how design thinking can be applied in academic research, innovation projects, and real-world decision making. By integrating human-centred thinking with the possibilities of Artificial Intelligence, the book equips readers with practical tools to transform ideas into meaningful and impactful solutions.

Ruzlaine Ghoni is an engineering academic, researcher, and author specialising in research methodology, innovation, and AI literacy. She has authored several research and STEM books, including *Mahir Penyelidikan: Mudah dan Pantas*, recipient of the National Book Award.

Paperback (978-629-7646-62-6)
2026

128pp | 153 mm (W) x 229 mm (H)

Readership

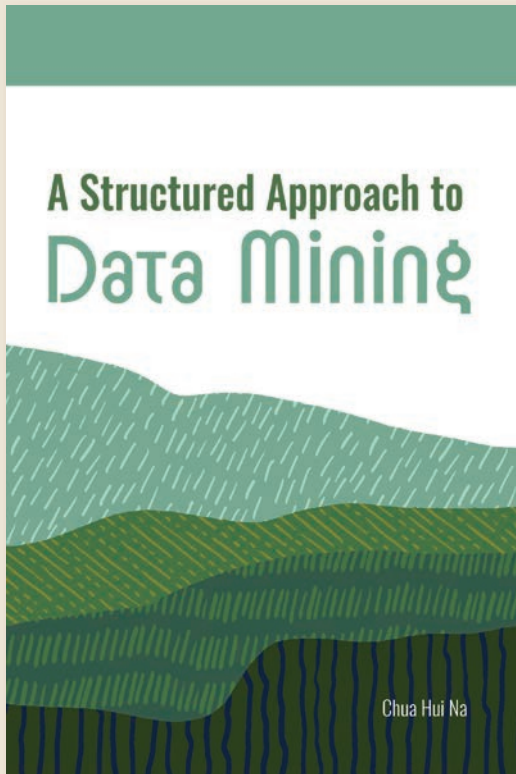
Students, educators

Subject Area

Innovation, business & management

A STRUCTURED APPROACH TO DATA MINING

Chua Hui Na



This book offers a systematic introduction to data mining for students, researchers, and practitioners in computing and information systems. It emphasises conceptual understanding, methodological reasoning, and appropriate application of techniques rather than software-specific implementation.

Organised around the main phases of data mining—problem understanding, data understanding, modelling, and evaluation—the book explains each stage’s purpose, key decisions, pitfalls, and logical links. With core topics and advanced concepts such as model assumptions and modern learning architectures, the book serves as a primary text or reference for principled data mining practice.

Chua Hui Na is Professor at Sunway University, Malaysia, specialising in data mining, applied machine learning, and responsible AI. With extensive industry experience in data engineering and analytical systems development, she is involved in nationally funded and industry-driven research and development initiatives that have led to multiple intellectual property and copyright filings.

Paperback (978-629-7646-57-2)
2026

416pp | 153 mm (W) x 229 mm (H)

Readership

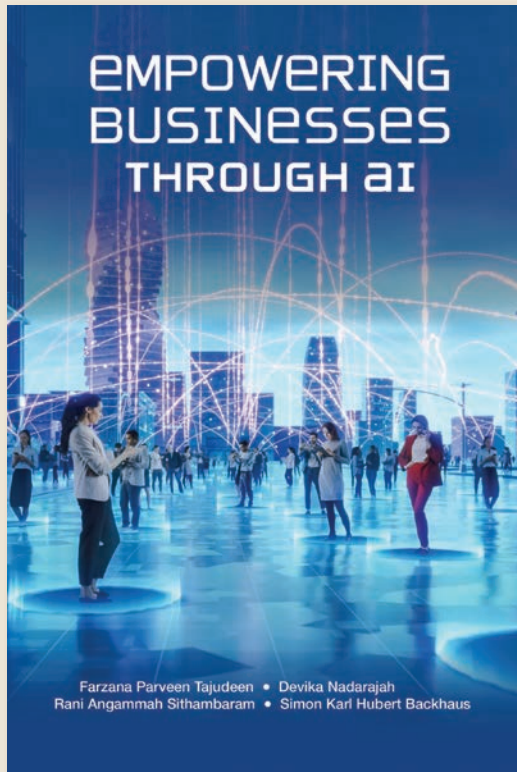
Researchers, educators, students

Subject Area

Data modelling

EMPOWERING BUSINESSES THROUGH AI

Farzana Parveen Tajudeen, Devika Nadarajah, Rani Angammah Sithambaram, Simon Karl Hubert Backhaus



Paperback (978-629-7646-60-2)
2026

184pp | 153 mm (W) x 229 mm (H)

Readership

Researchers, educators, students

Subject Area

Artificial intelligence, business

This book examines how organisations leverage AI to drive smarter decisions, enhance efficiency, and stay competitive in a swiftly evolving world. Grounded in the Malaysian context, this book addresses AI applications across key business functions from finance and customer engagement to human resources and supply chain operations. It also highlights real challenges, including ethics, governance, and workforce transformation. Integrating practical insights, case studies, and an academic lens, this book is designed for professionals, business leaders, and students who intend to understand and apply AI meaningfully. It provides a clear, realistic approach to adopting AI as a strategic advantage, not just a technological trend.

Farzana Parveen Tajudeen is a scholar and educator at Universiti Malaya, Malaysia, specialising in digital technologies, including AI, and their impact on business practices and workplace outcomes. Her work emphasises advancing effective digital transformation in organisations.

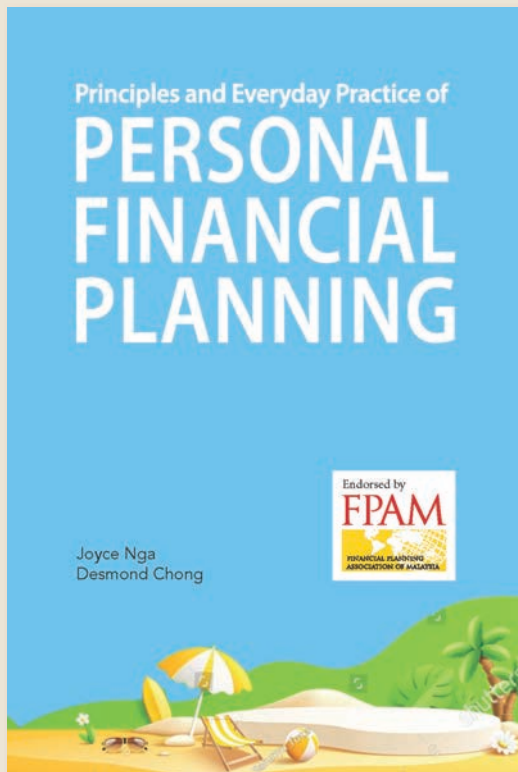
Devika Nadarajah is Associate Professor and Director of Research Programmes at Putra Business School. She specialises in supply chain management, with more than 10 years of industry experience in process improvement and organisational transformation.

Rani Angammah Sithambaram is an HRIS Lead with more than 10 years of global experience. She specialises in applying artificial intelligence in business, bridging HR and technology, and delivering practical insights on digital transformation, analytics, and organisational innovation in Malaysia.

Simon Karl Hubert Backhaus is Director of IRnow, specialising in artificial intelligence-supported vision and data analytics systems for the manufacturing industry.

PRINCIPLES AND EVERYDAY PRACTICE OF PERSONAL FINANCIAL PLANNING

Joyce Nga, Desmond Chong



Paperback (978-629-7646-38-1)
2025

E-book (978-629-7646-43-5)
2025

336pp | 153 mm (W) x 229 mm (H)

Readership

General public, educators

Subject Area

Personal finance, budgeting, money management

This book offers a clear and practical introduction to personal financial planning, focusing on achieving lasting financial security rather than simply accumulating wealth. Grounded in the Malaysian context and endorsed by the Financial Planning Association of Malaysia, it presents essential money-management principles in accessible, straightforward language. Designed to demystify financial planning, the book provides guidance that supports confident, informed financial decision-making and encourages sustainable financial well-being over the long term.

Joyce Nga was previously an auditor and financial controller, and has over 20 years of experience in teaching corporate finance, financial planning, business ethics, and credit management. She is currently a Senior Lecturer of Finance at Sunway University.

Desmond Chong is a Senior Lecturer at Universiti Putra Malaysia. He is an expert in consumer finance, marketing, management, and financial planning (Shariah), and is a Certified Financial Planner and Registered Financial Planner.

Endorsed by

FPAM

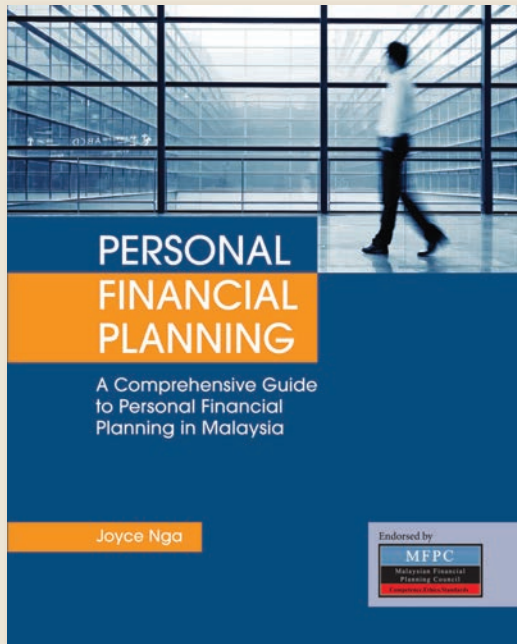


Best Motivation / Self-Development Book

PERSONAL FINANCIAL PLANNING

A Comprehensive Guide to Personal Financial Planning in Malaysia

Joyce Nga



This book is a comprehensive guide on personal financial planning tailored for the Malaysian context. It covers a wide range of relevant topics including consumer credit management, tax planning, bonds and shares, unit trusts, real estate, insurance, estate planning, and an overview of Islamic wealth management. Whether you are a student of accounting and finance, an experienced financial planner, or just an average Malaysian needing help with your finances, this book will have all your personal financial planning needs covered.

Joyce Nga was previously an auditor and financial controller, and has over 20 years of experience in teaching corporate finance, financial planning, business ethics, and credit management. She is currently a Senior Lecturer of Finance at Sunway University.

Paperback (978-967-5492-76-1)
2023

E-book (978-967-5492-77-8)
2023

568pp | 203 mm (W) x 254 mm (H)

Readership

Students, educators, general public

Subject Area

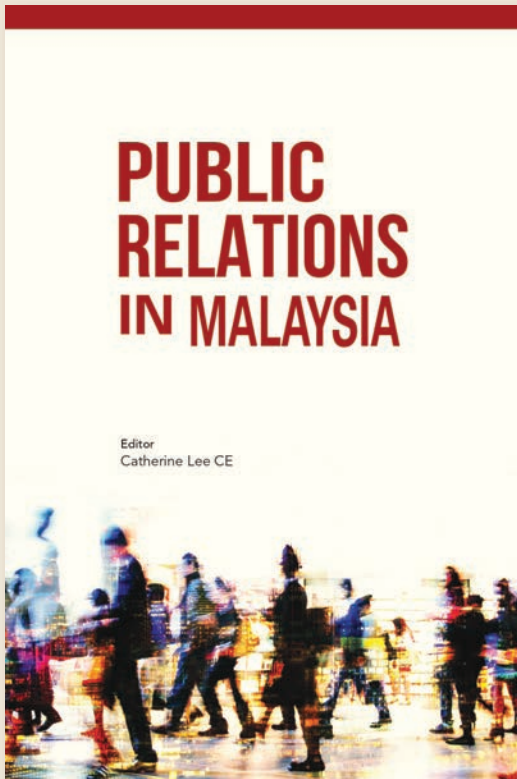
Personal finance, budgeting, money management

Endorsed by



PUBLIC RELATIONS IN MALAYSIA

edited by Catherine Lee CE



This book is on public relations and corporate communication, with explanations and examples in the Malaysian context. Based on interviews conducted with public relations professionals and educators in Malaysia, the book covers both the theory and techniques of public relations and can be used as a manual for the subject's introductory courses. It is the aim of the book to teach ways of building ethical and productive relationships with strategic constituencies, and encourage critical thinking and ethical behaviour among future public relations practitioners in the country.

Catherine Lee CE is Associate Professor at the Department of Communication and Deputy Dean (Education) of the School of Arts at Sunway University, Malaysia. She is a member of the Panel Assessor for the Malaysian Qualifications Agency (MQA) and Malaysian Association of Communication Educators (MACE) and is a reviewer for numerous international journals. Her research interests are on social and behaviour change communications, gender dynamics, and rural communities.

Paperback (978-629-7646-21-3)
2025

160pp | 153 mm (W) x 229 mm (H)

Readership

Students, educators, industry practitioners

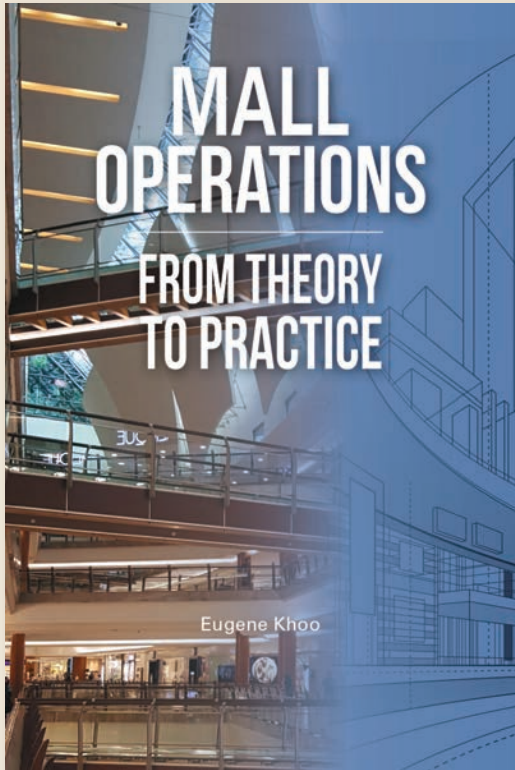
Subject Area

Public relations, communications, Malaysia

MALL OPERATIONS

From Theory to Practice

Eugene Khoo



Hardback (978-629-7646-22-0)
2025

240pp | 153 mm (W) x 229 mm (H)

Readership

Mall industry practitioners, building surveyors, professionals

Subject Area

Facility management, mall operations & logistics, engineering

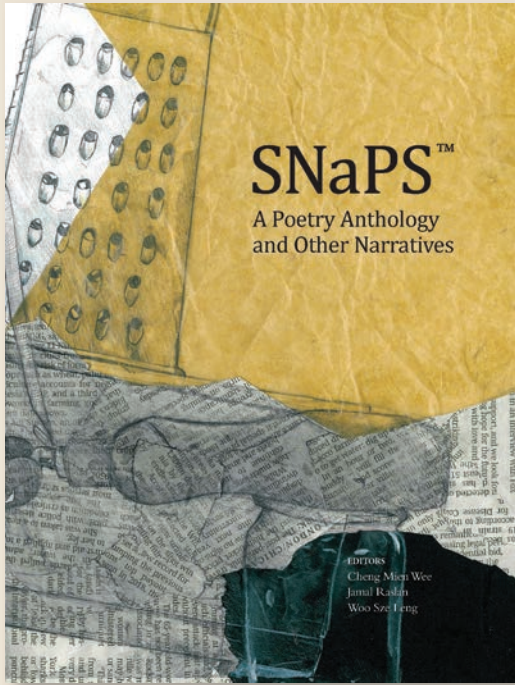
This book is a reflection of the complexities in the mall management industry. Featuring a curated selection of case studies and examples from various malls in Malaysia, this volume emphasises the balance between technical logistics and administrative strategies to enhance mall management effectiveness. This simple but invaluable handbook serves as a handy companion for mall practitioners and built environment professionals looking to elevate their malls to the next level.

Eugene Khoo is a Building Surveyor with more than 10 years of experience in the retail mall industry. Graduating from Universiti Malaya, he has overseen an extensive range of retail development projects such as Sunway Malls and The Exchange TRX.

SNaPS™

A Poetry Anthology and Other Narratives

edited by Cheng Mien Wee, Jamal Raslan, Woo Sze Leng



Paperback (978-629-7646-41-1)
2026

184pp | 165 mm (W) x 216 mm (H)

Readership

General public, students, educators

Subject Area

Poetry

This anthology features the vibrant voices of a new generation of poets in an anthology of winning poems from SNaPS™, the national poetry slam competition organised by Sunway International Schools, Malaysia. This collection brings together creative works from talented young poets representing schools across Malaysia. Each poem is a testament to the energy and originality of youth, offering fresh perspectives on identity, society and self-expression. This book aims to spark a deeper appreciation for spoken word and performance poetry among students in Malaysia and the wider region.

Cheng Mien Wee, PhD, is a Malaysian educator and researcher. At Sunway Education Group, she has responsibilities for its international schools and post-secondary certificate, diploma, pre-university, and professional programmes.

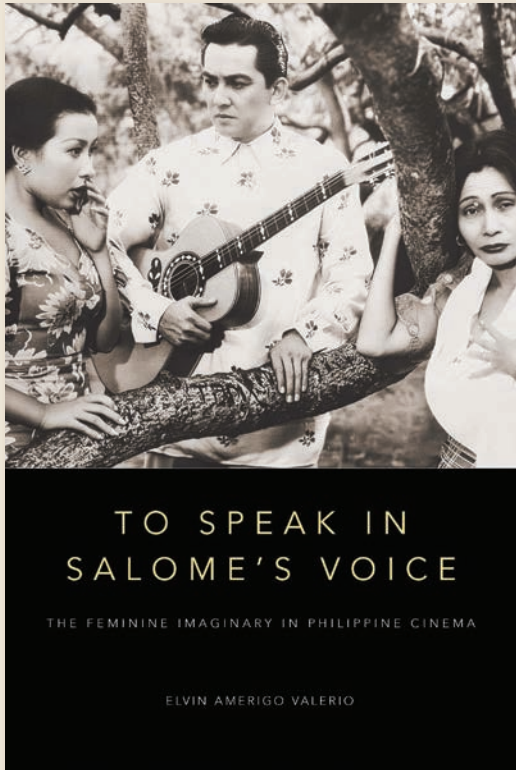
Jamal Raslan has been supporting SIS and SNaPS since 2013 as a consultant, workshop facilitator, coach, judge, and guest poet.

Woo Sze Leng is a Special Projects Coordinator at Sunway International Schools (SIS) and has managed countless projects since 2019.

TO SPEAK IN SALOME'S VOICE

The Feminine Imaginary in Philippine Cinema

Elvin Amerigo Valerio



This book reexamines the figure of Salome, historically framed as a symbol of dangerous femininity, and its influence on Philippine cinema. Elvin Amerigo Valerio argues that contemporary melodrama and romance films provide a space for articulating female interiority and subjectivity. The study repositions these genres as sites where Filipino women emerge as active agents of their own narratives.

Elvin Amerigo Valerio has a PhD in Literature from De La Salle University. He is an Associate Professor in the School of Multimedia and Arts at Asia Pacific College and a member of the Southeast Asian Media Studies Association (SEAMSA).

Hardback (978-629-7646-61-9)
2026

208pp | 153 mm (W) x 229 mm (H)

Readership

General public, researchers

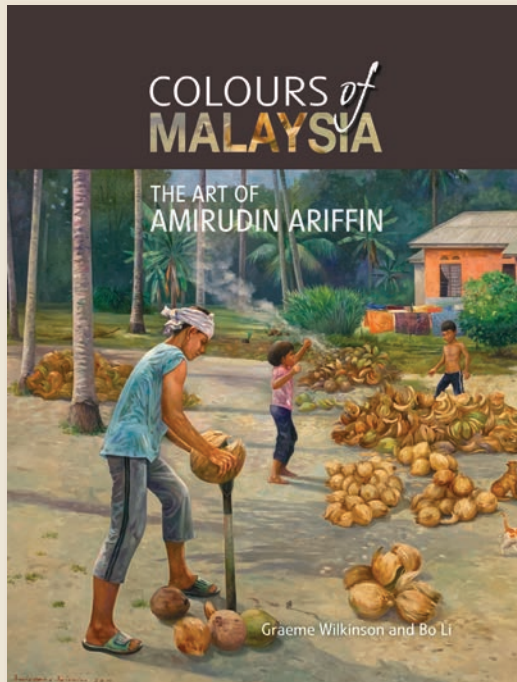
Subject Area

Cinema, culture, feminism, history

COLOURS OF MALAYSIA

The Art of Amirudin Ariffin

Graeme Wilkinson, Bo Li



Hardback (978-967-5492-67-9)
2022

E-book (978-967-5492-72-3)
2022

192pp | 209 mm (W) x 279 mm (H)
With full colour illustrations and photography

Readership

Art enthusiasts, art collectors, general public

Subject Area

Art, paintings, Southeast Asia

This book features the works of Malaysian artist Amirudin Ariffin, whose oil paintings and watercolours capture the true spirit of Malaysia and the lives and emotions of ordinary citizens. For the first time, some of Ariffin's most distinctive and remarkable works, including city scenes, landscapes, portraits, and abstracts, are brought together in a single volume that demonstrates the quality and breadth of his art and the narratives underlying the works.

Graeme Wilkinson is the former Tan Sri Jeffrey Cheah Distinguished Professor and Vice-Chancellor of Sunway University, Malaysia. He grew up in the UK and was educated in London and Oxford. He has worked mainly in academia in the UK, but has also worked and lived in Italy and Malaysia. He is a Fellow of the Royal Society of Arts, London.

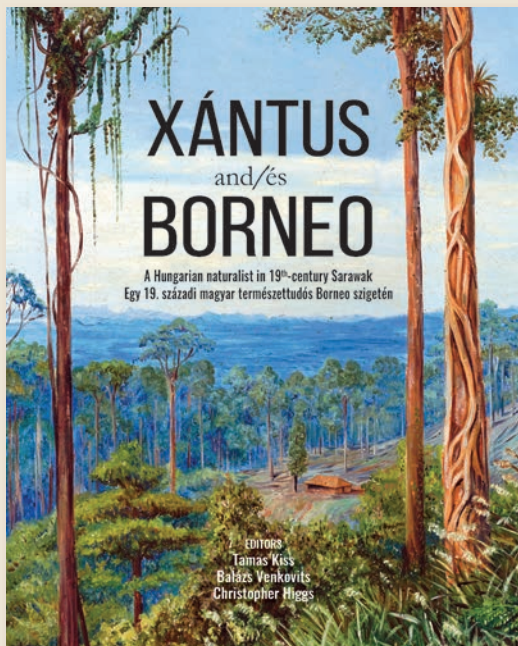
Bo Li was born in China and educated in Beijing. She has also worked and lived in the UK and Malaysia, and has taught in universities in both China and the UK. She is a collector of Southeast Asian fine art.



XÁNTUS AND/ÉS BORNEO

A Hungarian Naturalist in 19th-Century Sarawak

edited by Tamas Kiss, Balázs Venkovits, Christopher Higgs



Hardback (978-629-7646-31-2)
2025

E-book (978-629-7646-42-8)
2025

280pp | 205 mm (W) x 255 mm (H)
With full colour illustrations

Readership

Researchers, general public

Subject Area

History, Southeast Asia, Borneo

This book chronicles the extraordinary life of Hungarian adventurer, collector and explorer János Xántus, whose legacy is both captivating and complex.

From fighting for Hungary's independence and escaping prison to discovering new species and assembling a rich assortment of 19th-century Southeast Asian ethnography and natural history, Xántus left an indelible mark on history.

This bilingual Hungarian-English volume offers four of Xántus' writings from his expedition to Sarawak, Borneo in 1870, available in English for the first time. It brings his expedition to life through archival records, personal accounts, and writings, inviting readers to reflect on the ambitions and contradictions of a man whose passion shaped the world around him. This book was published with the support of the Embassy of Hungary, Kuala Lumpur, and the Borneo Perantis, an interdisciplinary research platform initiated by the Goethe-Institut Malaysia.

Tamas Kiss is Professor at Sunway University where he focuses on research in applied linguistics and intercultural communication. A Hungarian by origin, he is passionate about Borneo's history.

Balázs Venkovits (PhD, Dr. Habil) is an Associate Professor and the Director of the Institute of English and American Studies, University of Debrecen, Hungary. His research primarily focuses on the fields of travel writing and migration studies.

Christopher Higgs is an independent researcher and podcast producer with the Borneo Perantis Co-Research Initiative, where he focuses on investigating Sarawak and Borneo history through primary sources.

Supported by



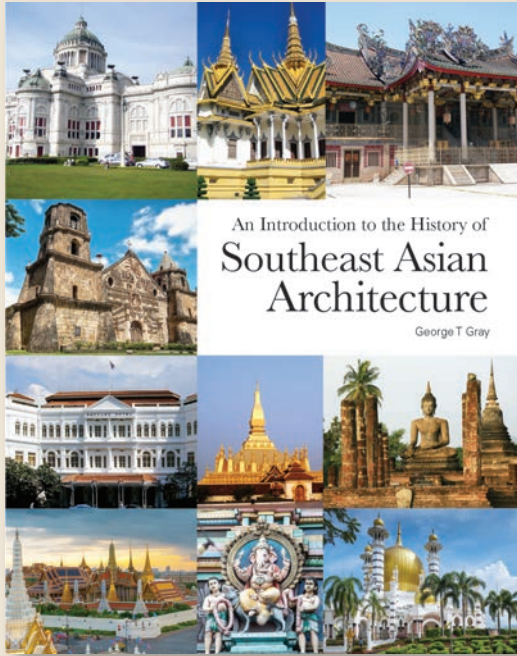
EMBASSY OF HUNGARY
KUALA LUMPUR



Best Translated Book

AN INTRODUCTION TO THE HISTORY OF SOUTHEAST ASIAN ARCHITECTURE

George T Gray



Paperback (978-629-7646-02-2)
2025

E-book (978-629-7646-14-5)
2025

272pp | 200 mm (W) x 253 mm (H)
With full colour photography

Readership

Students, art enthusiasts, general public

Subject Area

History, architecture, Southeast Asia

This book chronicles the centuries-old, storied architectural history of the 11 countries that make up Southeast Asia. The buildings featured in the book tell the fascinating story of each country's development, traced through advancements in technology, materials, styles and the architects and engineers who shaped landmark structures.

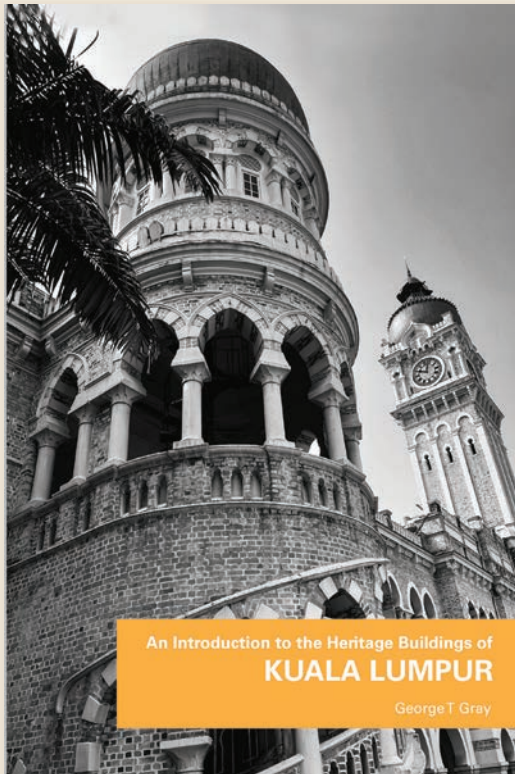
The book brings together the best examples to illustrate the changing times with over 170 colour photographs, sketches, maps and timelines that present facts in a clear and highly accessible way.

George T Gray studied Interior Design in Glasgow, Scotland. He was awarded a travelling scholarship to Italy by the British Institute of Interior Design which gained him the Freedom of the City of London. He has worked as a design consultant worldwide for over 30 years and as a volunteer with the Thai government's Fine Arts Department where he helped restore ancient monuments in the UNESCO World Heritage Site of Ayutthaya. George now teaches History of Art, Architecture and Design and lives in Malaysia with his wife and daughters. He is an Affiliate of the International Council on Monuments and Sites, the British Institute of Interior Design and a member of the Malaysian branch of the Royal Asiatic Society.



AN INTRODUCTION TO THE HERITAGE BUILDINGS OF KUALA LUMPUR

George T Gray



This book traces the remarkable evolution of Kuala Lumpur from its origins as an 1857 tin-mining settlement into a dynamic metropolis where historic character meets modern sophistication. Designed for history enthusiasts, architecture lovers, and curious travellers, it guides readers through the city's most significant heritage buildings and landmarks that shape Kuala Lumpur's identity and honour the people who built it.

George T Gray studied Interior Design in Glasgow, Scotland. He was awarded a travelling scholarship to Italy by the British Institute of Interior Design which gained him the Freedom of the City of London. He has worked as a design consultant worldwide for over 30 years and as a volunteer with the Thai government's Fine Arts Department where he helped restore ancient monuments in the UNESCO World Heritage Site of Ayutthaya. George now teaches History of Art, Architecture and Design and lives in Malaysia with his wife and daughters. He is an Affiliate of the International Council on Monuments and Sites, the British Institute of Interior Design and a member of the Malaysian branch of the Royal Asiatic Society.

Paperback (978-629-7646-23-7)
2025

E-book (978-629-7646-24-4)
2025

184pp | 153 mm (W) x 229 mm (H)

Readership

Researchers, general public, photographers

Subject Area

Architecture, history, Southeast Asia



Best Photography / Visual Arts Book

AN INTRODUCTION TO THE HERITAGE BUILDINGS OF BANGKOK

George T Gray



Paperback (978-629-7646-25-1)
2025

E-book (978-629-7646-26-8)
2025

184pp | 153 mm (W) x 229 mm (H)

Readership

Researchers, general public, photographers

Subject Area

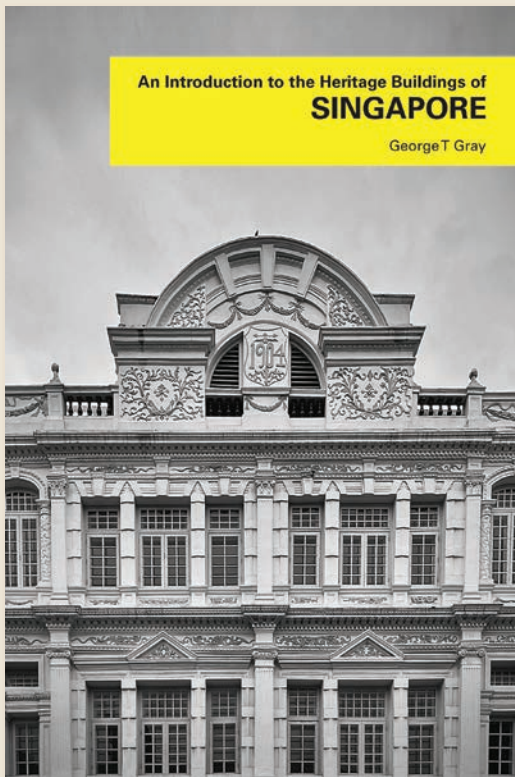
Architecture, history, Southeast Asia

This book is an essential resource for exploring Bangkok through the richness of its architectural heritage. Since becoming Thailand's capital in 1782, the city has expanded into a vast metropolis, yet its busy streets and modern skyline still shelter remarkable historic treasures. Featuring 30 key landmarks, a detailed city map with locations and transport hubs for easy navigation, profiles of notable heritage buildings and their architects, and a chronology of the Thai monarchs who shaped the capital, this book offers a clear pathway into Bangkok's vibrant past.

George T Gray studied Interior Design in Glasgow, Scotland. He was awarded a travelling scholarship to Italy by the British Institute of Interior Design which gained him the Freedom of the City of London. He has worked as a design consultant worldwide for over 30 years and as a volunteer with the Thai government's Fine Arts Department where he helped restore ancient monuments in the UNESCO World Heritage Site of Ayutthaya. George now teaches History of Art, Architecture and Design and lives in Malaysia with his wife and daughters. He is an Affiliate of the International Council on Monuments and Sites, the British Institute of Interior Design and a member of the Malaysian branch of the Royal Asiatic Society.

AN INTRODUCTION TO THE HERITAGE BUILDINGS OF SINGAPORE

George T Gray



Paperback (978-629-7646-27-5)
2025

E-book (978-629-7646-28-2)
2025

184pp | 153 mm (W) x 229 mm (H)

Readership

Researchers, general public, photographers

Subject Area

Architecture, history, Southeast Asia

This book unveils the rich tapestry of Singapore's architectural heritage, shaped by the early districts first laid out by Sir Stamford Raffles and expanded through the city's rapid development. As Singapore grew, so did its need for administrative centres, places of worship, entertainment venues, and residences; many of which now stand as outstanding examples of regional heritage architecture. Featuring a detailed map of key sites and transport access, this book deepens the appreciation of the modern metropolis by highlighting its architectural legacy and historical treasures.

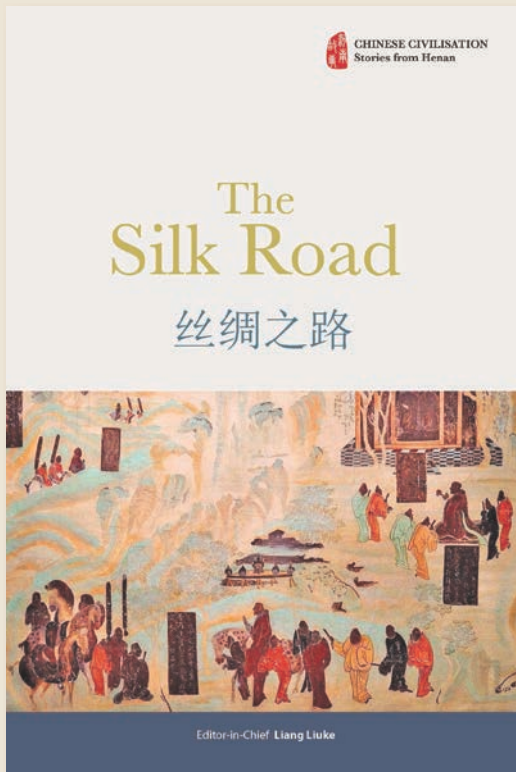
George T Gray studied Interior Design in Glasgow, Scotland. He was awarded a travelling scholarship to Italy by the British Institute of Interior Design which gained him the Freedom of the City of London. He has worked as a design consultant worldwide for over 30 years and as a volunteer with the Thai government's Fine Arts Department where he helped restore ancient monuments in the UNESCO World Heritage Site of Ayutthaya. George now teaches History of Art, Architecture and Design and lives in Malaysia with his wife and daughters. He is an Affiliate of the International Council on Monuments and Sites, the British Institute of Interior Design and a member of the Malaysian branch of the Royal Asiatic Society.

THE SILK ROAD

Liang Liuke



CHINESE CIVILISATION
Stories from Henan



This book explores the historical significance of the Silk Road, an ancient trade network active from the 2nd century BC to the 14th century CE.

“The Silk Road, featured by commercial trade and cultural communication, dates back to 138 BC when Zhang Qian (a Chinese official who served as an imperial envoy in the late 2nd century BC during the Han Dynasty) was dispatched to the Western Regions (referring to west of Yumen Pass, most often Central Asia). It derives its name from the silk trade along the route ... Apart from boosting ethnic unity and regional cooperation, the Silk Road is a carrier to make people know more about the ancient Chinese culture.”

From the Preface

Paperback (978-629-7646-54-1)
2027

128pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

Subject Area

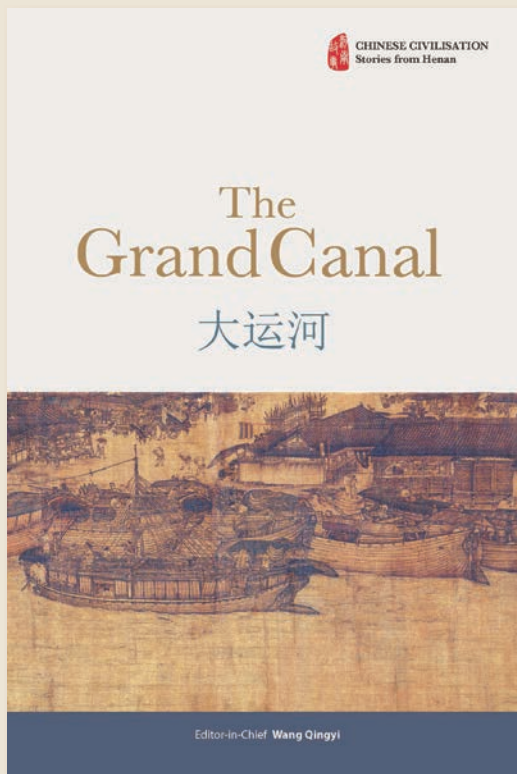
Chinese civilisation, history, culture

THE GRAND CANAL

Wang Qingyi



CHINESE CIVILISATION
Stories from Henan



This book introduces readers to the history and development of the Grand Canal in China, the world's longest and oldest man-made waterway stretching over 1,770 kilometres.

"Canals, man-made waterways for human survival and development, usually play an important role in transporting troops, grain, passengers, etc. In the history of civilisation, canals were built in many countries ... However, China's Grand Canal is second to none. Running through the north and south of China, it set the world's greatest record in terms of construction time and length ... After more than a thousand years, the Grand Canal, which is still running, has fully demonstrated rich imagination and creativity of Chinese people to the world with its enduring vitality."

From the Preface

Paperback (978-629-7646-53-4)
2027

104pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

Subject Area

Chinese civilisation, history, culture

CULTURAL HERITAGE

Tian Kai



CHINESE CIVILISATION
Stories from Henan



This book looks into China's cultural heritage, covering prehistoric Central Plains culture, the rise of civilisation, the Han and Tang Dynasties, medieval metropolises, ancient pottery, casting technology, and Henan's world heritage sites.

"Henan, located in the Central Plains of China, is a fertile field and centre for breeding and nourishing the Chinese civilisation. The history of the civilisation of the Central Plains is undoubtedly the epitome of the history of the Chinese civilisation. You will find remnants of broken bricks and tiles anywhere you go in the Central Plains. Therefore, it is not exaggerating to claim that "A broken tile is a story and a broken brick represents a period of glory" ... This rich cultural heritage is not only the generous gift of the Chinese ancestors given to their future generations, but also the cultural wealth contributed to the whole mankind by generations of people in Henan with diligence and wisdom."

From the Preface

Paperback (978-629-7646-50-3)
2027

240pp | 153 mm (W) x 229 mm (H)

Readership

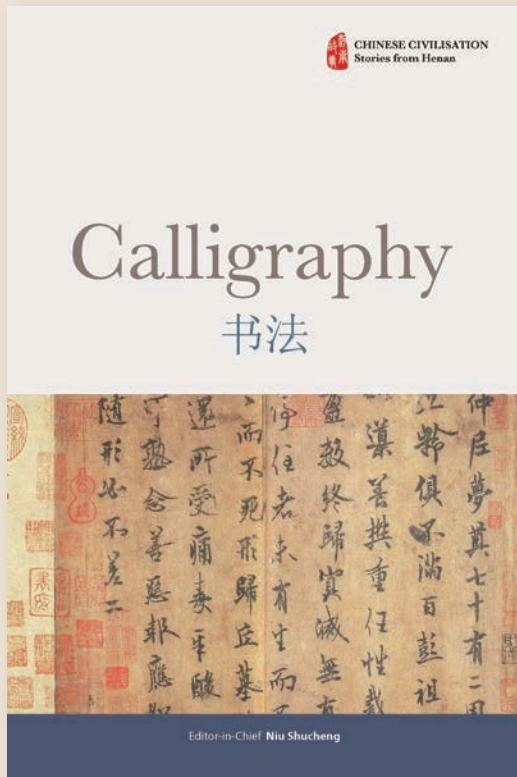
General public, historians, researchers

Subject Area

Chinese civilisation, history, culture

CALLIGRAPHY

Niu Shucheng

CHINESE CIVILISATION
Stories from Henan

This book introduces readers to Chinese calligraphy, including scripts, tools, and its practical and global significance.

"Calligraphy is a treasure of Chinese culture. It is an art that takes Chinese characters as the object of writing and uses the brush, paper, ink and ink slab as writing tools to convey cultural information and express thoughts and emotions in the form of writing. Up to now, ancient Chinese characters can still be recognised, which embodies the practical function of information exchange in Chinese calligraphy. And the integration of its peculiar modelling symbols with the rhythm of strokes and ink and the author's thoughts on nature, society and life reflects the Chinese unique way of thinking, personality, spirit, aspiration and interest."

From the Preface

Paperback (978-629-7646-48-0)
2027

152pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

Subject Area

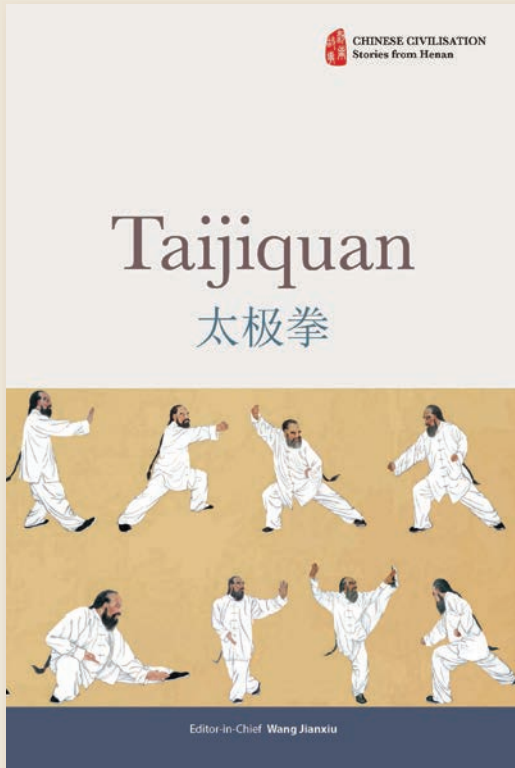
Chinese civilisation, history, culture

TAIJIQUAN

Wang Jianxiu



CHINESE CIVILISATION
Stories from Henan



This book highlights the history and future development of the traditional Chinese martial art, Taijiquan—more known in the West as Tai Chi—which focuses on balance, flexibility and health.

“Taijiquan is a cultural form which is rich in traditional Chinese characteristics ... It takes the dialectical ideas of Taiji, yin and yang of Confucianism and Daoism as its core idea. Furthermore, it combines the functions of temperament cultivation, physical exercise and martial confrontation. As a form of exercise, it involves the concept of oriental inclusiveness, whereby its practitioners exercise in intention, qi, form and spirit ... As an intangible cultural form, Taijiquan takes sports as its main external manifestation while reflecting the cognition and scientific practice of human beings in the natural world.”

From the Preface

Paperback (978-629-7646-52-7)
2027

152pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

Subject Area

Chinese civilisation, history, culture

SHAOLIN KUNGFU

Wan Zhengfeng



CHINESE CIVILISATION
Stories from Henan



This book explores one of China's richest cultural heritages, the traditional Chinese martial art of Shaolin Kungfu, renowned for its diverse techniques, deep historical roots and influence throughout the world.

"Shaolin Kungfu, as one of China's most precious cultural heritages, is an outstanding representative of Chinese traditional martial arts. It is extensive in contents, rich in varieties, superb in techniques, and changeful in movements ... As the most popular and influential school of the Chinese martial arts, Shaolin Kungfu is not only well-known in China but also the most influential throughout the world."

From the Preface

Paperback (978-629-7646-51-0)
2027

168pp | 153 mm (W) x 229 mm (H)

Readership


General public, historians, researchers

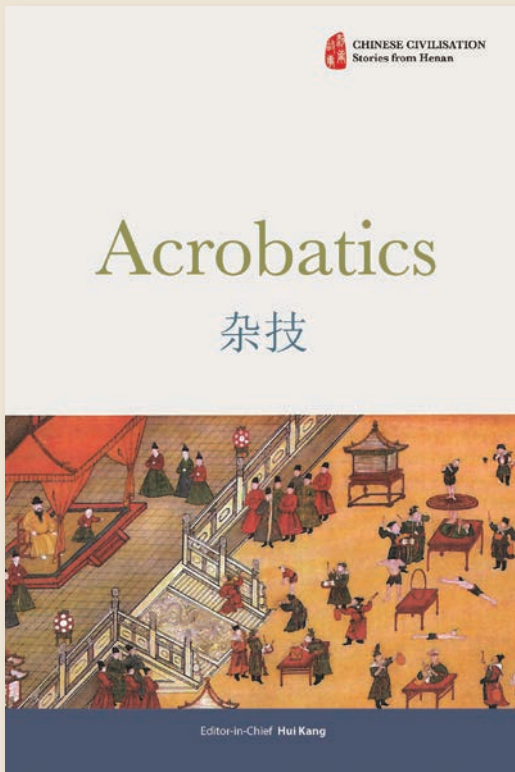
Subject Area

Chinese civilisation, history, culture

ACROBATICS

Hui Kang

 CHINESE CIVILISATION
Stories from Henan



This book introduces readers to the origins and evolution of Chinese acrobatics, showcasing its history and vibrant techniques.

“Acrobatics, originated from ancient times, is an art form which displays the human body’s potential and skills. In traditional Chinese culture, acrobatics is one of the arts that can best reflect Chinese spirit and cultural self-confidence. It has become a vehicle for friendly cultural exchanges between China and the rest of the world.”

From the Preface

Paperback (978-629-7646-47-3)
2027

168pp | 153 mm (W) x 229 mm (H)

Readership

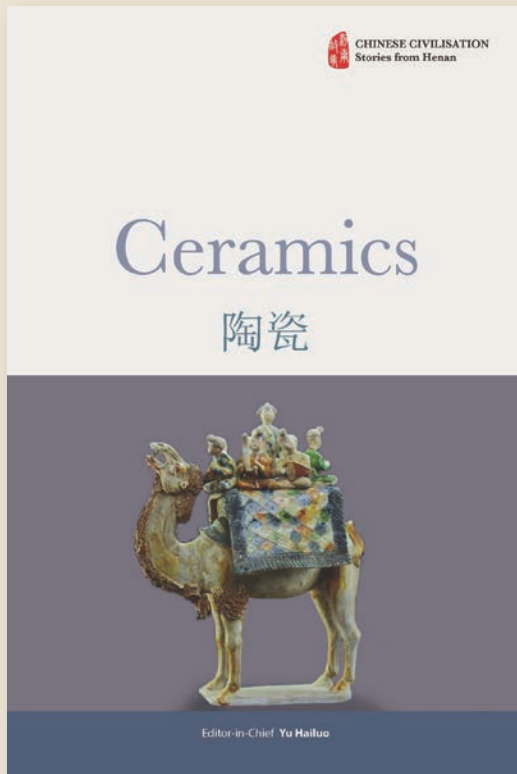
General public, historians, researchers

Subject Area

Chinese civilisation, history, culture

CERAMICS

Yu Hailuo

CHINESE CIVILISATION
Stories from Henan

This book highlights Henan's ceramic development, craftsmanship, masters and international impact.

"Chinese ceramic culture boasts a long history of development. In the early years of the Neolithic Age, our ancestors began to make daily-use ceramics. In the period of Yangshao culture painted pottery emerged, which, as the carrier of national culture, embraced the unique aesthetic connotation of ancient Chinese ceramics ... Traditional Henan ceramics, as a symbol of profoundness and simplicity of ceramic art of the Central Plains, has given birth to the unique connotation of Chinese ceramic art, and provided the mind gene and image basis for the innovation of the modern ceramic art."

From the Preface

Paperback (978-629-7646-49-7)
2027

176pp | 153 mm (W) x 229 mm (H)

Readership

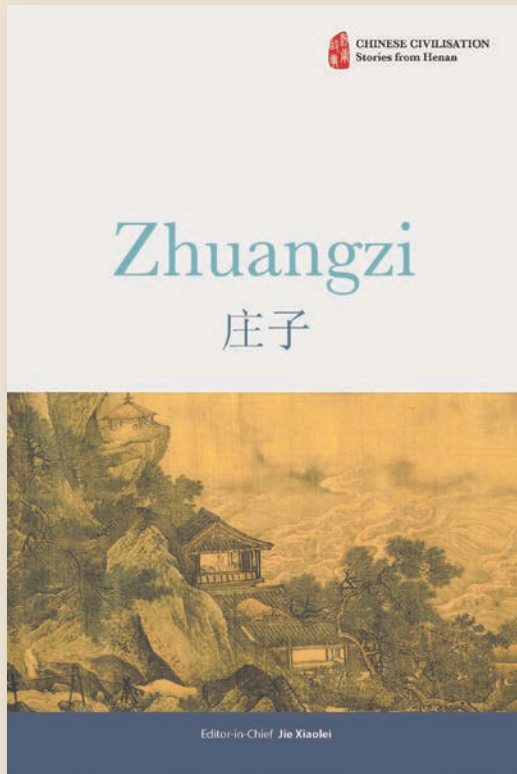
General public, historians, researchers

Subject Area

Chinese civilisation, history, culture

ZHUANGZI

Jie Xiaolei

CHINESE CIVILISATION
Stories from Henan

This book offers a look at the life of Chinese philosopher Zhuangzi, his philosophy and literary style, and his selected fables and reflections.

“Zhuangzi was born in a turbulent era, which was ... also an era of contention among a hundred schools of thought. Different ideas clashed with each other, affecting everyone at that time, and Zhuangzi was no exception ... Zhuangzi held fast to his ideal, kept his true nature, lived in peace and contentment, despised honour and wealth, and lived in a detached life ... The natural humanistic spirit of Zhuangzi firstly embodies his love and treasure of life, with a strong personality. In the feudal society dominated by Confucianism, Zhuangzi’s natural humanistic spirit plays an important role in the cultivation of Chinese scholar’s independent personality.”

From the Preface

Paperback (978-629-7646-56-5)
2027

120pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

Subject Area

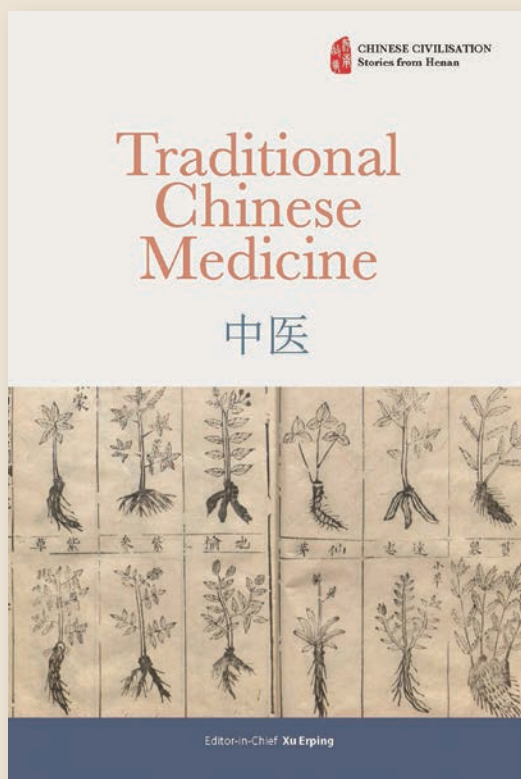
Chinese civilisation, history, culture

TRADITIONAL CHINESE MEDICINE



CHINESE CIVILISATION
Stories from Henan

Xu Erping



This book focuses on TCM's historical roots, influential figures in the field, and development and global influence.

"Since the day of its birth, traditional Chinese medicine (TCM) has been integrated into the blood of the excellent Chinese culture, and has become an inseparable part of it. It has been continuously enriched and perfected along with the development of Chinese civilisation. In the process of its development and evolution, it always blends with the profound Chinese culture, and eventually becomes the treasure of China ... [described as being] full of deep philosophical wisdom, representing thousands of years of the Chinese tradition of healthy lifestyle."

From the Preface

Paperback (978-629-7646-55-8)
2027

184pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

Subject Area

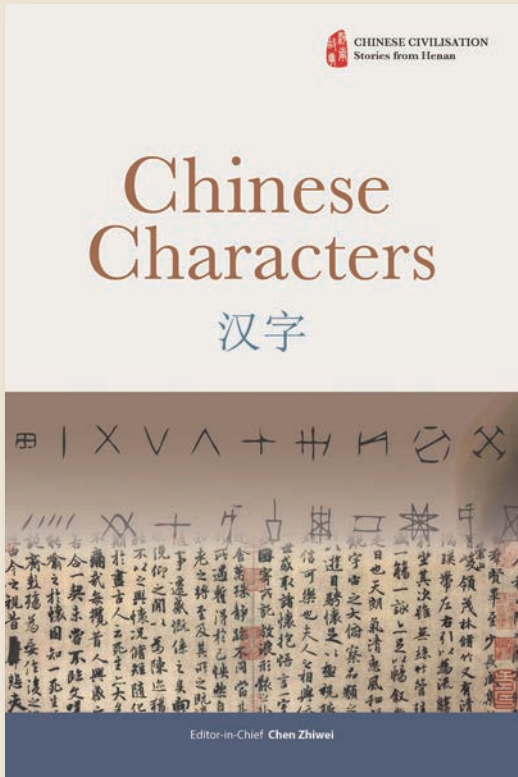
Chinese civilisation, history, culture

CHINESE CHARACTERS



CHINESE CIVILISATION
Stories from Henan

Chen Zhiwei



This book presents the evolution, configuration and artistic aspects of Chinese characters, to understand the beauty of the Chinese language and appreciate the cultural information it conveys.

"Like the ancient Egyptian hieroglyphs and cuneiform characters of Mesopotamia, Chinese characters are independent and important symbols developed in ancient China and have made indelible contributions to the development of early human civilisation. The origin and transformation of the hieroglyphs, cuneiform, and Chinese characters are not synchronised, but they all share a history of thousands of years. Chinese characters have evolved from the earliest oracle bone scripts to the most widely used characters in the world across different fonts that can be traced back to the same origin."

From the Preface

Paperback (978-629-7646-32-9)
2026

224pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

Subject Area

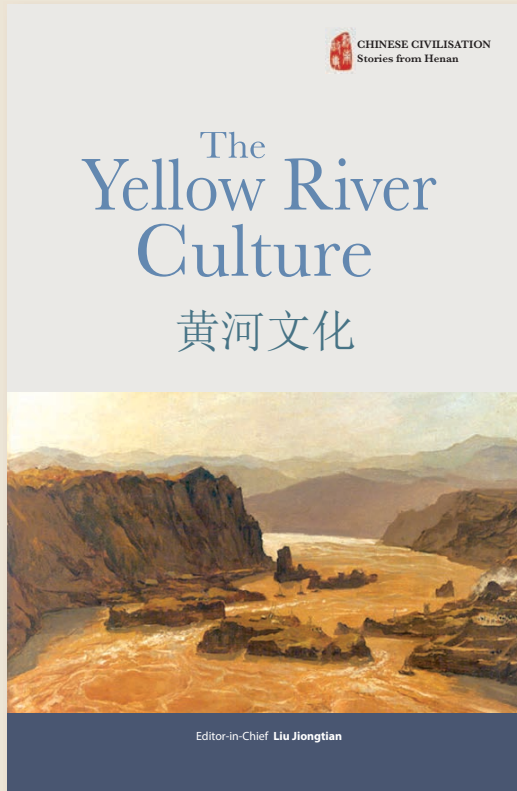
Chinese civilisation, history, culture, language

THE YELLOW RIVER CULTURE



CHINESE CIVILISATION
Stories from Henan

Liu Jiongtian



This book highlights the cradle of the Chinese civilisation—the Yellow River—and explores its origins as the backbone of China, its growth and its influence on the development of the country.

“The Yellow River is the mother river of the Chinese nation. With its unique geographical environment, the Yellow River Basin, the birthplace of the long-standing Chinese civilisation, has nurtured the splendid Yellow River culture. Over time, the Yellow River culture, as the mainstream, integrated with many other cultures in China and kept learning from other civilisations in the world. Just like the thousands of streams that will eventually merge into a vast ocean, they have gradually grown into the colourful and brilliant Chinese civilisation.”

From the Preface

Paperback (978-629-7646-37-4)
2026

176pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

Subject Area

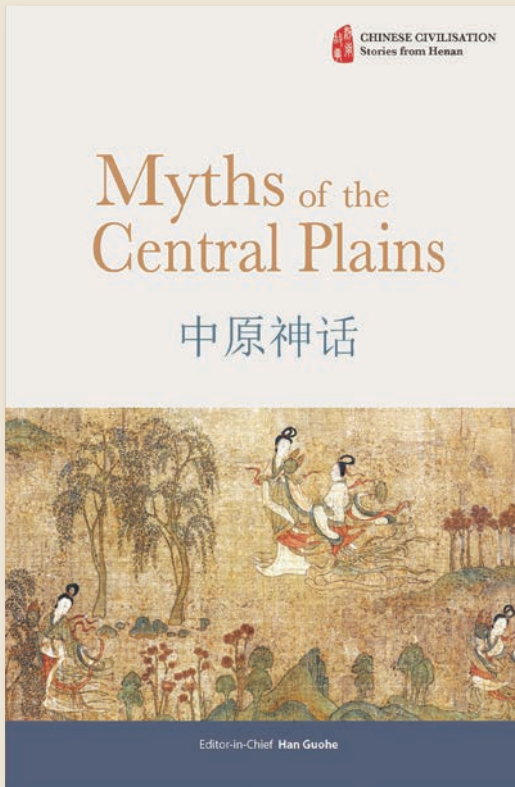
Chinese civilisation, history, culture

MYTHS OF THE CENTRAL PLAINS



CHINESE CIVILISATION
Stories from Henan

Han Guohe



This book provides an insight into ancient Chinese beliefs and legends, including creation stories, legendary emperors and heroes, nature myths, immortal deities, and mythical creatures.

"The Central Plains is also a cultural concept, signifying the most orthodox Chinese culture in the traditional sense. The Central Plains, the birthplace of the Chinese nation, has long been regarded as the core area politically, economically and culturally in China, synonymous with the Chinese culture in the traditional sense. Its overwhelming importance was solidified in the earliest Chinese dynasties of Xia, Shang and Zhou, which all had their capitals near the city of Luoyang in Henan Province. Some historical facts placed Luoyang as the centre of the world in Chinese ancestors' minds and identified the earliest concept of China as the Central Plains area."

From the Preface

Paperback (978-629-7646-34-3)
2026

128pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

Subject Area

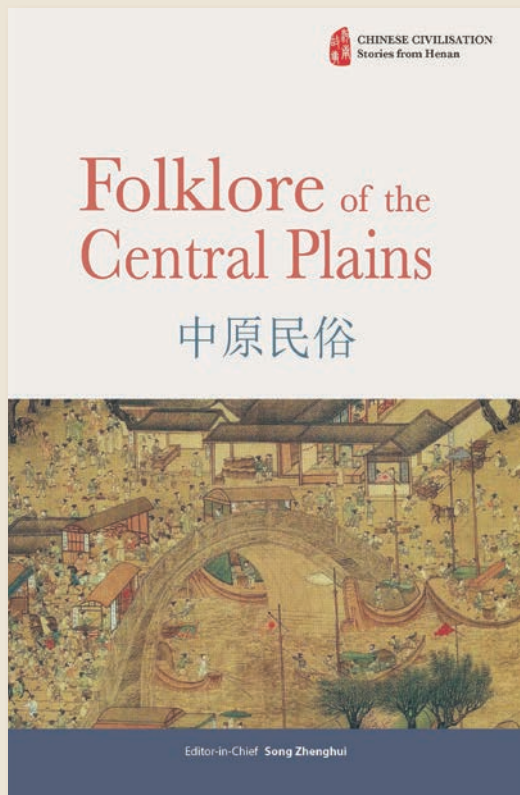
Chinese civilisation, history, culture, mythology

FOLKLORE OF THE CENTRAL PLAINS



CHINESE CIVILISATION
Stories from Henan

Song Zhenghui



This book looks into the folklore of the Central Plains, covering the traditions, rites, styles, and unique folk art forms such as stone carvings, paintings and puppetry.

"Studies of folklore in China, inheriting the traditional means of collecting and observing folkways in ancient China, are mainly studies of folk literature and art ... By virtue of cultural heritage projects, contemporary folklore of the Central Plains is flourishing. It is our duty to study traditional folklore, investigate present-day folklore, tap into folk vitality, and advocate fine folkways to serve the cause of the great rejuvenation of the Chinese nation."

From the Preface

Paperback (978-629-7646-33-6)
2026

192pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

Subject Area

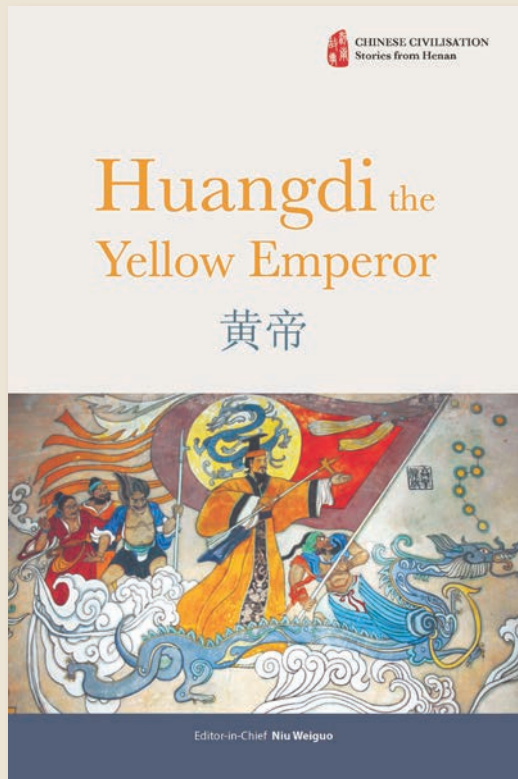
Chinese civilisation, history, culture, folklore

HUANGDI THE YELLOW EMPEROR



CHINESE CIVILISATION
Stories from Henan

Niu Weiguo



This book details the life of Huangdi—often regarded as a founding patriarch of Chinese civilisation—and his governance strategies, cultural impact, and the enduring influence of his ideals and spirit.

“More than 5,000 years ago, Huangdi cultivated virtue and revitalised the army, using the art of battle formation to conquer vassals who did not make offerings. Through the battles of Banquan and Zhuolu, he ended the long-standing strife in ancient China, allowing the ancient society to enter a new era of national history marked by dynasties. Thus, Huangdi became the first founder of the Chinese nation.”

From the Preface

Paperback (978-629-7646-35-0)
2026

152pp | 153 mm (W) x 229 mm (H)

Readership

General public, historians, researchers

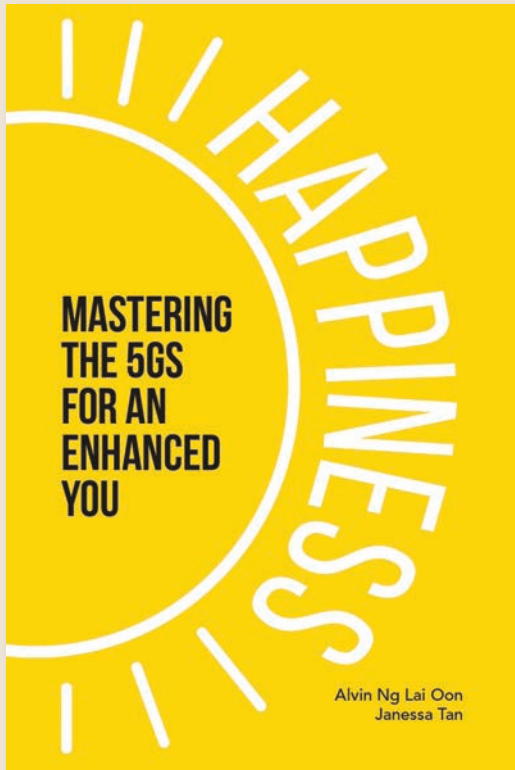
Subject Area

Chinese civilisation, history, culture

HAPPINESS

Mastering the 5Gs for an Enhanced You

Alvin Ng Lai Oon, Janessa Tan



This book introduces the five concepts of 5Gs, practical habits for cultivating a meaningful life through small, actionable steps. Grounded in personal experience and scientific insight, it presents happiness as an ongoing process rather than a fixed goal. These principles support readers in navigating life's challenges with resilience, encouraging a balanced and sustainable approach to well-being.

Alvin Ng Lai Oon is a Professor at the Department of Psychology, Sunway University, Malaysia. He is also the Founding President of the Malaysian Society of Clinical Psychology, which he established in 2010.

Janessa Tan is a health writer, certified yoga and spin instructor, and MSc graduate in Health Psychology from the University of Portsmouth. Janessa integrates psychological, physical, and lifestyle factors in her writing and coaching to inspire meaningful change.

Paperback (978-629-7646-29-9)
2025

E-book (978-629-7646-40-4)
2025

200pp | 153 mm (W) x 229 mm (H)

Readership

General public, counsellors, young adults, psychologists

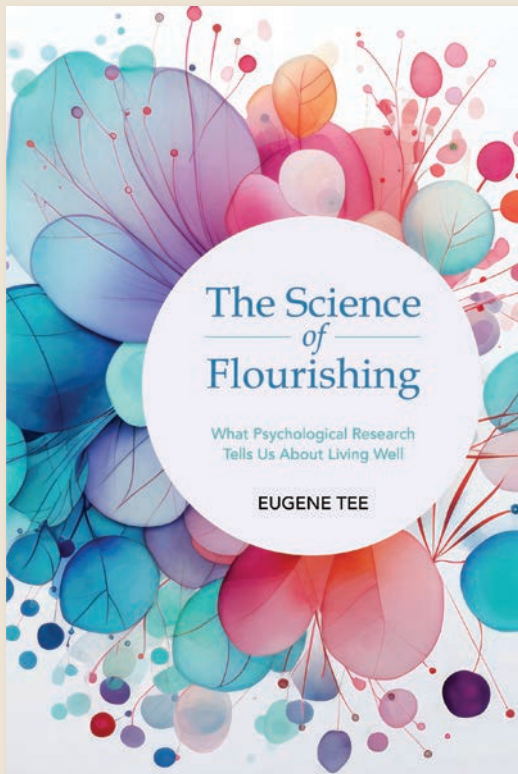
Subject Area

Positive psychology, well-being, mindfulness

THE SCIENCE OF FLOURISHING

What Psychological Research Tells Us About Living Well

Eugene Tee



This book is a lyrical, intellectual journey that addresses a timeless and universal question: how can we live better and experience life more fully? Blending discoveries from the science of positive psychology with poetic storytelling, it draws wisdom from philosophy, lessons from history, and inspirations from nature. The book is, above all, a symphony of science in 12 movements offering a gentle, profound promise: life, in all its beauty and complexity, can be lived and celebrated more fully.

Eugene Tee, PhD, MAPP, is Professor at the Department of Psychology, HELP University, Malaysia. He holds a PhD in Management from the University of Queensland and a Master of Applied Positive Psychology from the University of Pennsylvania. His academic work focuses on emotional intelligence and positive psychology.

Paperback (978-629-7646-46-6)
2026

264pp | 153 mm (W) x 229 mm (H)

Readership

General public, psychologists

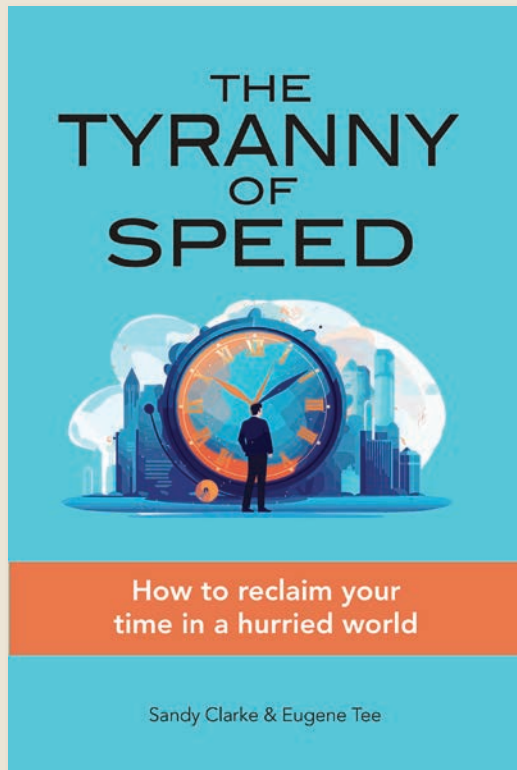
Subject Area

Positive psychology, well-being

THE TYRANNY OF SPEED

How to Reclaim Your Time in A Hurried World

Sandy Clarke, Eugene Tee



This book examines the effects of modern fast-paced culture on attention, relationships, and well-being. Drawing on psychology, mindfulness, and personal reflection, it offers strategies to regain agency and reassess productivity norms. The book encourages readers to slow down, engage more fully with daily life, and cultivate a more intentional, meaningful, and balanced living.

Sandy Clarke is a licensed counsellor currently based at Sunway University, writer, and newspaper columnist based in Kuala Lumpur. Specialising in existential therapy, he has delivered workshops and talks on mindfulness, self-compassion, and grief, featuring regularly on national radio. Before moving to Malaysia in 2015, he was a political journalist and local broadcaster.

Eugene Tee, PhD, MAPP, is Professor at the Department of Psychology, HELP University, Malaysia. He holds a PhD in Management from the University of Queensland and a Master of Applied Positive Psychology from the University of Pennsylvania. His academic work focuses on emotional intelligence and positive psychology.

Paperback (978-629-7646-36-7)
2025

E-book (978-629-7646-39-8)
2025

184pp | 153 mm (W) x 229 mm (H)

Readership

General public, counsellors, young adults, psychologists

Subject Area

Applied psychology, well-being, mindfulness

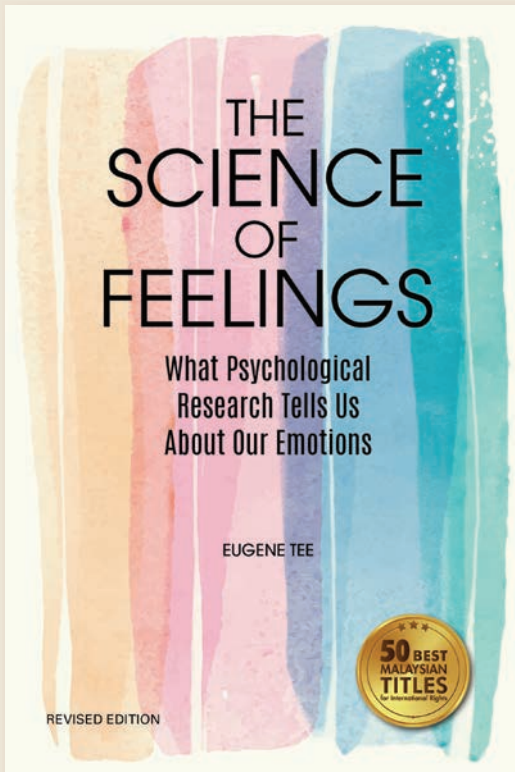


Best Social Sciences Book

THE SCIENCE OF FEELINGS

What Psychological Research Tells Us About Emotions

Eugene Tee



This book explores how psychological science over the past five decades has illuminated the nature of human emotion: from joy and sadness to anger, fear, compassion and contempt. This revised edition presents the most up-to-date research, data and insights in clear, engaging language, translating specialised findings into readable explanations. It examines the interaction between emotions, empathy and well-being in an era shaped by AI and technology, and highlights key takeaways at the end of each chapter for easy understanding.

Eugene Tee, PhD, MAPP, is Professor at the Department of Psychology, HELP University, Malaysia. He holds a PhD in Management from the University of Queensland and a Master of Applied Positive Psychology from the University of Pennsylvania. His academic work focuses on emotional intelligence and positive psychology.

Paperback (978-629-7646-15-2)
2025

E-book (978-629-7646-30-5)
2025

224pp | 153 mm (W) x 229 mm (H)

Readership

General public, psychologists

Subject Area

Psychology, emotions and feelings, well-being

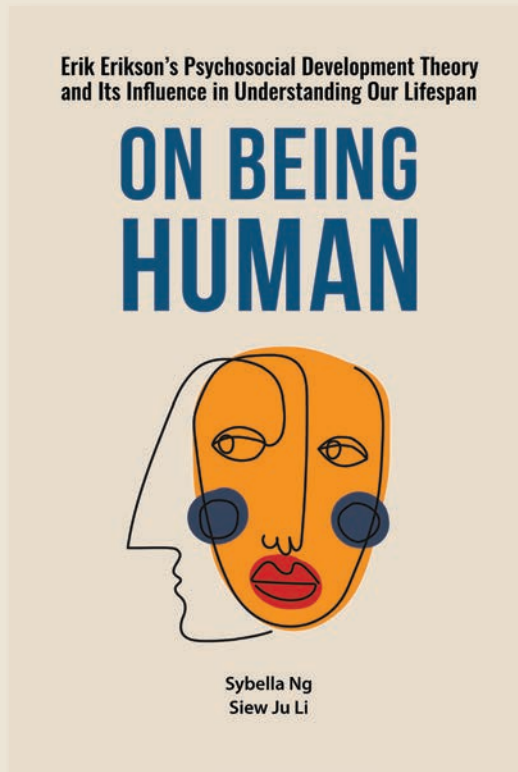


Readers' Choice Popular Book

ON BEING HUMAN

Erik Erikson's Psychosocial Development Theory and Its Influence in Understanding Our Lifespan

Sybella Ng, Siew Ju Li



This book examines the forces that shape an individual from birth to adulthood, highlighting how relationships, experiences, and societal expectations influence development across the lifespan. Organised according to Erik Erikson's theory of psychosocial stages, each chapter explores a distinct phase of growth, combining research with practical, real-world guidance. Drawing on the authors' expertise in developmental psychology, the book outlines the key challenges encountered at each stage and presents constructive ways to navigate them.

Sybella Ng is a Developmental Psychologist and Family Therapy practitioner who co-founded Re:Mind (formerly known as Thinkint), a training and consulting company that provides EAP and psychological services. She is a graduate of Columbia University, New York, and previously a lecturer of Psychology at HELP University, Malaysia.

Siew Ju Li is an Educational Psychologist and Play Therapist. She is the Director and Consultant at SEED Connections, providing psychological services and programmes to families and children. She specialises in play therapy, emotional literacy, and parenting, and is a former senior lecturer of Psychology at HELP University, Malaysia.

Paperback (978-629-7646-44-2)
2025

144pp | 153 mm (W) x 229 mm (H)

Readership

General public, psychologists

Subject Area

Development psychology, lifespan development

INNOVATION AND INCLUSION IN 21ST-CENTURY EDUCATION

edited by Malissa Maria Mahmud, Subhan Zein



This edited volume examines how innovation and inclusion can be advanced together in 21st-century education, rather than treated as competing priorities. Across international perspectives, the chapters in the volume address the practical question facing educators and policy leaders today, namely how to design learning environments that improve learner outcomes while reducing barriers to participation, belonging, and achievement. Together, they examine how education systems, institutions, and educators can design learning that is both innovative and meaningfully inclusive.

Malissa Maria Mahmud, PhD, is Professor and Dean of School of Education, Sunway University. She is also the Director for Centre for Professional and Continuing Education (PACE), Sunway University.

Subhan Zein, PhD, is Professor at the School of Education, Sunway University, and also Deputy Dean (Research and Sustainability) and Head of Centre for Higher Education Research.

Hardback (ISBN pending)
2026

240pp | 153 mm (W) x 229 mm (H)

Readership

Educators, researchers, general public

Subject Area

Education

SEKOLAH MASA HADAPAN

Mendefinisi Semula Pendidikan

Zhu Yongxin



This book explores how rapid advances in the Internet and information technology are transforming the very idea of schooling. It argues that traditional schools will gradually give way to future “learning centres” designed around flexibility, personalised learning, and new roles for teachers, parents, and government. Drawing on Zhu Yongxin’s forward-looking analysis, the book examines eight key questions that define these centres, from what they look like to how learning is assessed. Standing at the brink of a major educational shift, the book invites readers to imagine and shape a new learning world.

Zhu Yongxin is a senior CPPCC leader, educator, founder of the New Education Initiative, and recipient of the Yidan Prize, the world’s highest honour for contributions to education research. He has authored over 600 articles, and his 16-volume body of work on education has been translated into 15 languages. He has also led major research programmes by the State Fund for Natural Sciences, State Fund for Social Sciences, and UNESCO. Through the New Education Initiative, his work has reached and influenced nearly five million teachers and students.

Paperback (ISBN pending)
2027

256pp | 153 mm (W) x 229 mm (H)

Readership

Educators, policymakers, general public

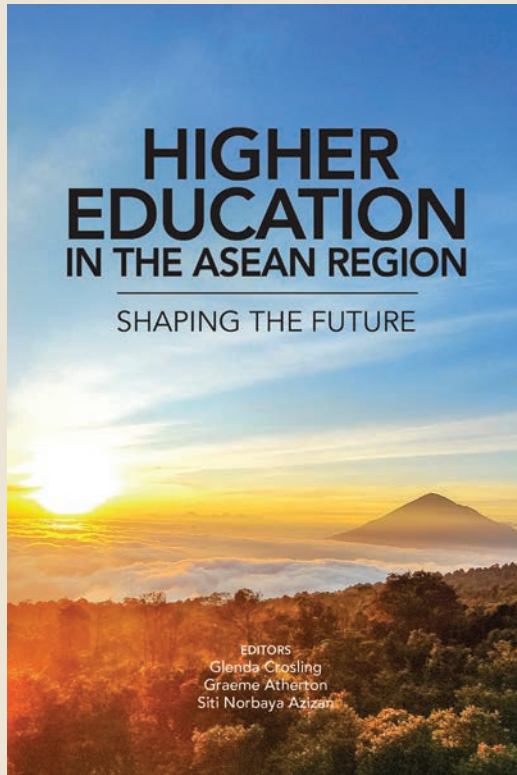
Subject Area

Education

HIGHER EDUCATION IN THE ASEAN REGION

Shaping the Future

edited by Glenda Crosling, Graeme Atherton, Siti Norbaya Azizan



This book presents views on the topic from various regional writers. Framed by the dynamic settings of both ASEAN and higher education, the perspectives offered in the book cluster under the themes of higher education sustainability, learning and teaching approaches, post-graduation employment, access and equity, and curriculum development. The book was developed on the idea of progress in higher education, emphasising the ongoing evolution and transformation of the sector in the region.

Glenda Crosling is Professor and Head of the Centre for Higher Education Research at Sunway University, Malaysia.

Graeme Atherton is Head of the Centre for Inequality and Levelling Up at the University of West London, United Kingdom, and former Adjunct Professor at the Centre for Higher Education Research at Sunway University, Malaysia.

Siti Norbaya Azizan is Research Associate at the Centre for Higher Education Research at Sunway University, Malaysia.

Hardback (978-629-7646-03-9)
2024

E-book (978-629-7646-07-7)
2024

296pp | 153 mm (W) x 229 mm (H)

Readership

Academics, educators

Subject Area

Higher education, Southeast Asia, ASEAN

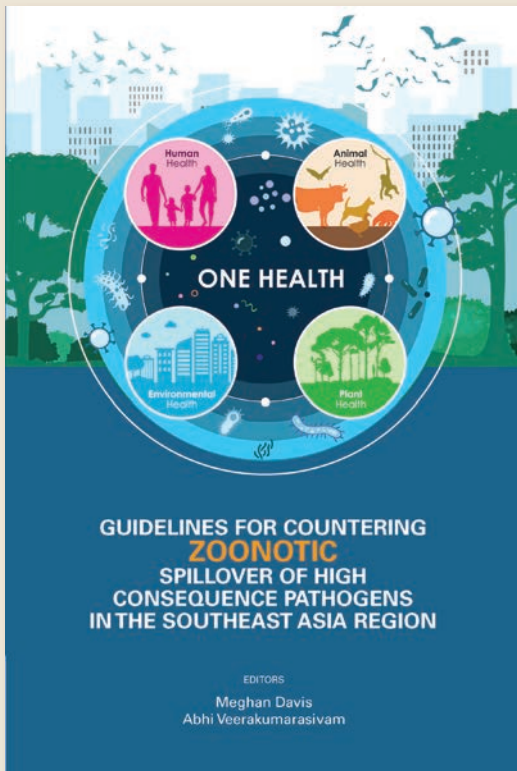


MAJLIS BUKU KEBANGSAAN MALAYSIA
NATIONAL BOOK COUNCIL OF MALAYSIA



GUIDELINES FOR COUNTERING ZOO NOTIC SPILLOVER OF HIGH CONSEQUENCE PATHOGENS IN THE SOUTHEAST ASIA REGION

edited by Meghan Davis, Abhi Veerakumarasivam



This edited volume shines a spotlight on Southeast Asia and China, regions where close interactions between animals and humans, especially in live animal markets, create fertile ground for the spread of dangerous diseases. By exploring the environmental, social and economic factors that make the region particularly vulnerable—ranging from deforestation and climate change to increasing global mobility—this book offers actionable solutions, scientific methodologies and innovative policy recommendations to curb the threat and safeguard public health for generations to come.

Meghan Davis, DVM, MPH, PhD is Associate Professor of Environmental Health and Engineering at the Johns Hopkins Bloomberg School of Public Health, United States.

Abhi Veerakumarasivam, PhD is Provost and Professor of Genetics at Sunway University, Malaysia.

Paperback (978-629-7646-16-9)
2025

E-book (978-629-7646-17-6)
2025

384pp | 153 mm (W) x 229 mm (H)

Readership

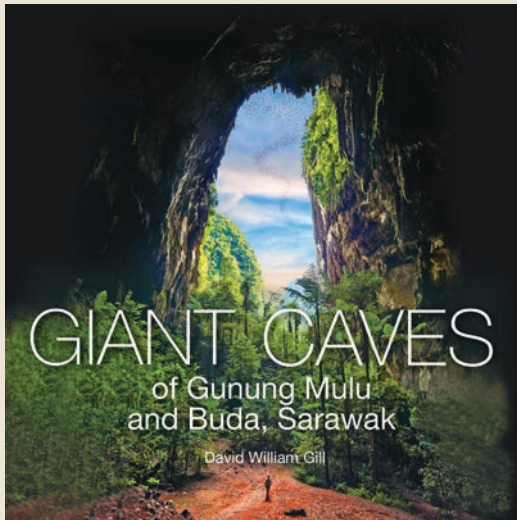
Policymakers, researchers, scientists

Subject Area

Infectious diseases, pathology, Asia

GIANT CAVES OF GUNUNG MULU AND BUDA, SARAWAK

David William Gill



Hardback (978-967-5492-84-6)
2024

E-book (978-629-7646-13-8)
2024

208pp | 280 mm (W) x 280 mm (H)
With full colour illustrations and photography

Readership

Cave explorers, researchers, general public

Subject Area

Speleology, natural heritage

This book presents a historical record of over 40 years of cave exploration in Gunung Mulu and Gunung Buda in Sarawak, Malaysia. It showcases the beauty of one of Malaysia's important natural heritage through over 200 stunning photographs. The book also provides a wealth of valuable information for tourists and worldwide cave explorers, and tackles pressing issues of conservation, enforcement, and protection.

David William Gill was a former speleologist and development and training officer at Gunung Mulu National Park, where he worked for 10 years. With over 30 expeditions in many nations, he was instrumental in establishing a new National Park at Gunung Buda and obtaining the UNESCO World Heritage Site status for Gunung Mulu National Park.

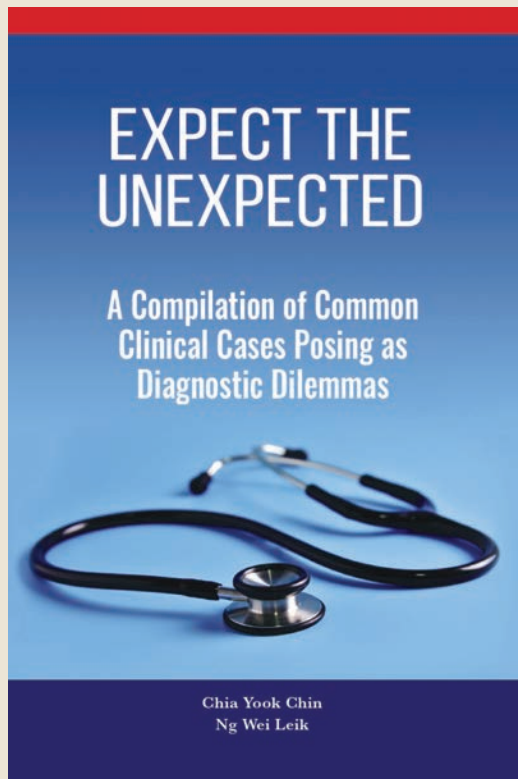


Best Coffee Table Book

EXPECT THE UNEXPECTED

A Compilation of Common Clinical Cases Posing as Diagnostic Dilemmas

Chia Yook Chin, Ng Wei Leik



This anthology of cases features frequently encountered patient presentations in medical practice, with a focus on highlighting the diagnostic complexities. The curation stems from the years of experience and challenges faced by the authors. In each scenario, readers will find practical takeaways and succinct medical insights. These are aimed at fostering critical thinking and empathy skills among medical professionals. This book is also designed to help budding medical students, interns, as well as general medicine and family medicine trainees, to be familiar with the unfamiliar.

Chia Yook Chin MBBS LRCP MRCS FRCP FAFPM (Hon) is a graduate from Universiti Malaya and later joined Sunway University in 2018. She now heads the Department of Medical Sciences, School of Medical and Life Sciences there.

Ng Wei Leik MBBS MMed AM (Mal) is a family physician and a graduate from Universiti Malaya. He is currently a senior lecturer in Universiti Malaya and practises in Universiti Malaya Medical Centre.

Paperback (978-967-5492-94-5)
2024

E-book (978-629-7646-01-5)
2024

232pp | 153 mm (W) x 229 mm (H)

Readership

Medical practitioners, medical students, medical trainees

Subject Area

Family medicine, healthcare

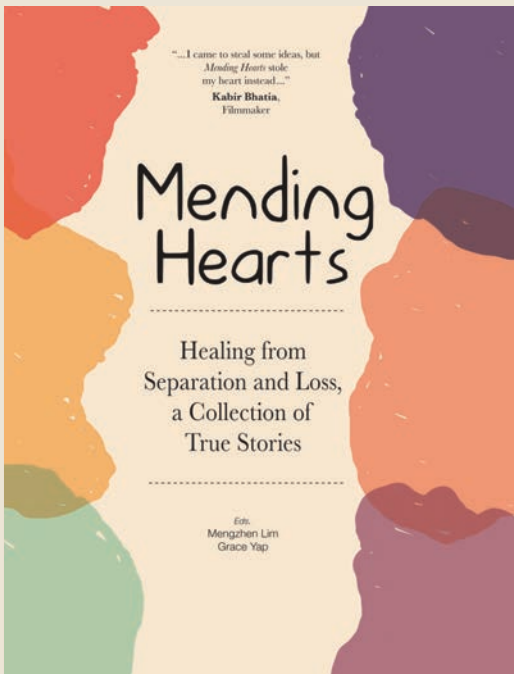


Best Medical Book

MENDING HEARTS

Healing from Separation and Loss, a Collection of True Stories

edited by Mengzhen Lim, Grace Yap



Paperback (978-967-5492-66-2)
2022

E-book (978-967-5492-70-9)
2022

184pp | 165 mm (W) x 215 mm (H)
With full colour photography

Readership

General public, young adults, students

Subject Area

Relationships, family, emotions, psychology



This book is an edited collection of 143 true stories and photos from students and members of the general public of many ages and backgrounds, compiled and displayed at Sunway University's hit Breakup Exhibitions. Share in the experiences of these heartfelt real-life accounts, each telling the end of a relationship—be it in romance, friendship, or family.

These stories help normalise breakups and inspire readers to move forward and find their way back to healing and happiness.

Mengzhen Lim is a former Lecturer of Psychology at Sunway University's Department of Psychology. He graduated with an MSc in Social Psychology from University Putra Malaysia. His works have been featured in *Malaysiakini*, *The Star*, *Free Malaysia Today*, *The Malaysian Insight*, *Sin Chew Daily*, and others. He has also appeared on Astro Awani to speak about mental health-related issues. He currently lives in Tokyo, researching romantic relationships.

Grace Yap has been a professional counsellor since the 1990s, after completing her Masters from the United States. She graduated with a PhD in Psychology from Monash University and previously taught at Universiti Tunku Abdul Rahman. She is currently a health psychology and lecturer-researcher at Sunway University's Department of Psychology.

Praise for Mending Hearts

"*Mending Hearts* helps assure readers that they are not alone ... and reassures readers that they too will live to tell their stories and bring comfort to others ..."

Hannah Yeoh

MP for Segambut, Malaysia; former Deputy Minister for Women, Family, and Community Development

"These real stories of love, hope, pain, grief, trauma, letting go, moving on, and growth ... are very powerful ..."

Kenny Lim

Executive Director, Befrienders Kuala Lumpur

"Each page a different experience. Each page a different memory ... I was tempted to steal some ideas, but I think *Mending Hearts* stole my heart instead ..."

Kabir Bhatia

Filmmaker, *Cinta and Pulang*

EDIBLE WASTE

A Cookbook

Sunway University Young Chefs



Paperback (978-967-5492-96-9)
2024

E-book (978-629-7646-11-4)
2024

72pp | 165 mm (W) x 215 mm (H)
With full colour illustrations

Readership

Culinary students, chefs, general public

Subject Area

Sustainability, culinary arts, food

This award-winning collection of recipes showcases culinary practices utilising edible food waste. All ready to be easily reproduced in your home kitchen, this recipe book includes cookery classics and contemporaries—ranging from bread and butter pudding and curry puffs to salmon croquettes and voyage cakes. Divided into four sections, this book aims to inspire young chefs and families alike to begin a journey of exploring exciting foods created from “edible waste” before they reach the bin.

This book is the Winner of the Best Food Waste Cookbook and is the 3rd Best Digital Cookbook at the Gourmand World Cookbook Awards 2022. In 2025, this cookbook was awarded the Best of the Best 30 Years (1995-2025) recognition under the Food Culture category at the Gourmand World Cookbook Awards.

Soon Pau Voon is an acclaimed chef who led the Malaysia Junior National Culinary Team to the IKA/Culinar Olympics in 2020, where they won gold at the Restaurant of Nations and silver in the IKA Buffet. He is currently a Teaching Fellow at Sunway University’s School of Hospitality and Service Management.

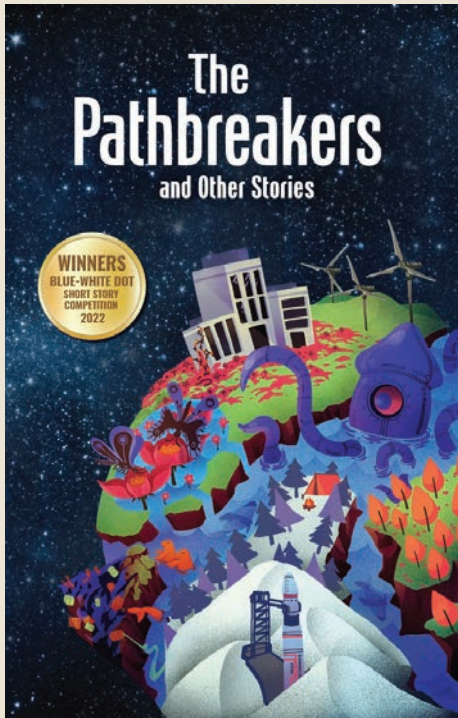
Sunway University Young Chefs is a group of students from Sunway’s School of Hospitality and Service Management, led by Chef Soon Pau Voon.



THE PATHBREAKERS

And Other Stories

Guy Russell, Paul GnanaSelvam, Ksatria Baskara Prasetya, and others



Paperback (978-967-5492-92-1)
2024

E-book (978-967-5492-97-6)
2024

216pp | 153 mm (W) x 229 mm (H)

Readership

Young adults, educators, general public

Subject Area

Fiction, environmental fiction, sustainability



This book features the top 20 winning entries from the 2022 *Blue-White Dot Short Story Writing Competition*. Through storytelling, this competition hopes to inspire everyone to reimagine a world cultivated by the UN Sustainable Development Goals.

This collection of short stories will transport readers to various environmentally and climate-challenged universes, which include towering skyscrapers wreathed in vines, dugongs and a speaking ocean, and even the bone-chilling conditions in the Arctic.

Guy Russell was born in Chatham, UK, and has been a holiday courier, purchasing clerk, media analyst and fan-heater production operative. He currently works in Milton Keynes for the Open University. Guy has also published works under Bristol Books, Comma Press, and Arachne Press. He has published one poetry pamphlet, *Like Basically* (Dreich Press), and reviews for Tears in the Fence and its blog.

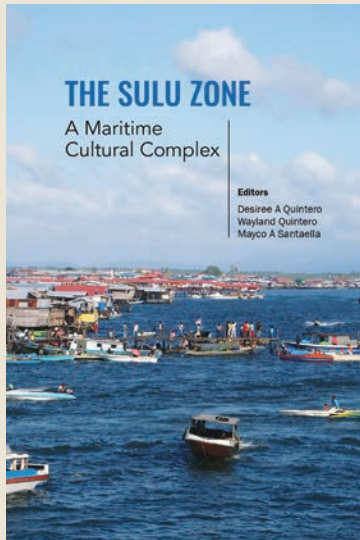
Paul GnanaSelvam is an Ipoh-born writer and poet whose work often focuses on the experiences, issues and identity conflicts of those in the Indian diaspora. Writing since 2006, he has published both locally and internationally in anthologies, literary journals and e-magazines. His first collection of short stories *Latha's Christmas & Other Stories* was published in 2013, while *The Elephant Trophy & Other Stories* was published by Penguin Random House, SEA in 2021. He currently lectures at Universiti Teknologi MARA (Perak Campus), Malaysia.

Ksatria Baskara Prasetya currently studies IBDP—that's pre-university—at Fairview International School. He hopes to be an engineer, but when he gets inspired, he likes to write! Authors like Isaac Asimov, Orson Scott Card, and Cixin Liu serve as his guides. That is, Ksatria writes to change minds. So, when his chemistry teacher told him about this competition, he was prepared!

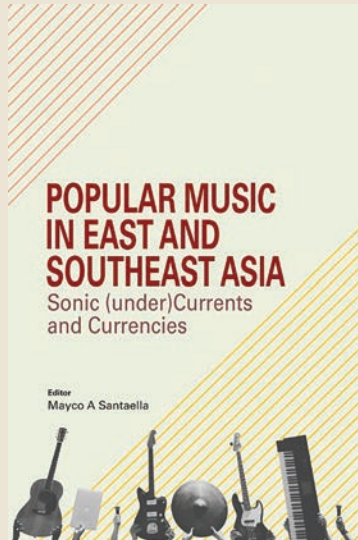
Other Authors within the collection:

Ntebeti Ntini, Mulki Ahmed, Ivan Kwok, Aqil Rifqi, Aneeta Sundararaj, Katy Wimhurst, Mohammad Ismim Putera, John Mark G Parlingayan, Sam Philip Stenström, Ferryn Foong, Stephen T Homer, Edwin Kee, Fadzlishah Rosli, Yap Li Tyng, Ryoka Tanoi, Iram Moazzam, Matthew Yap

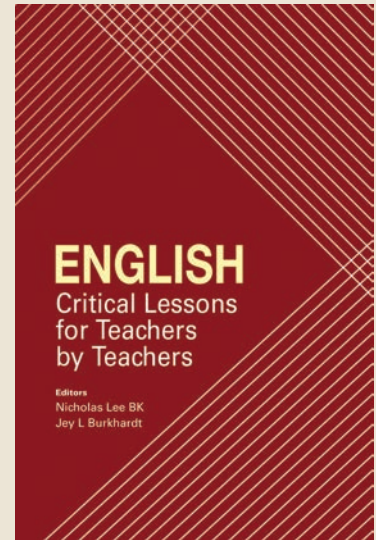
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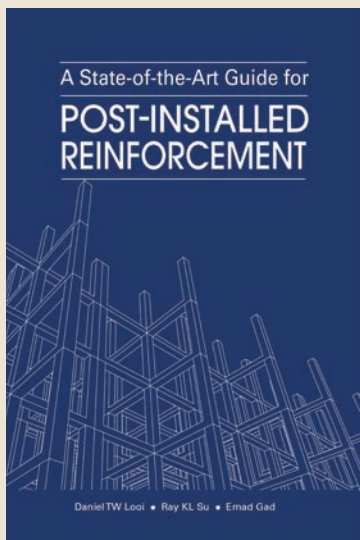
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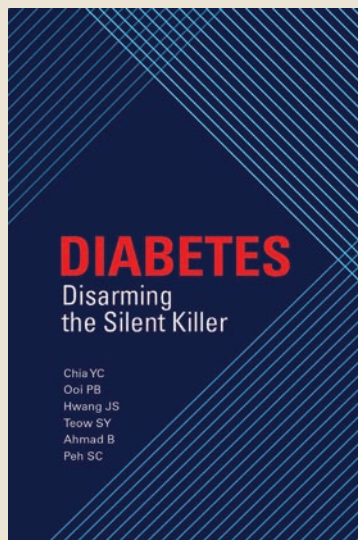
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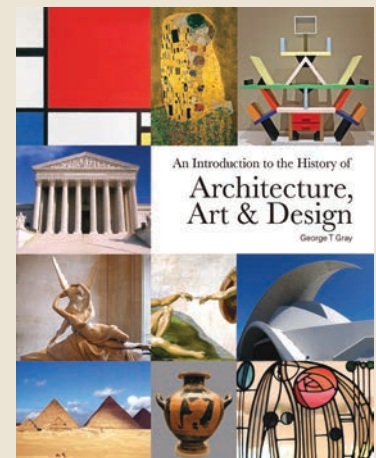
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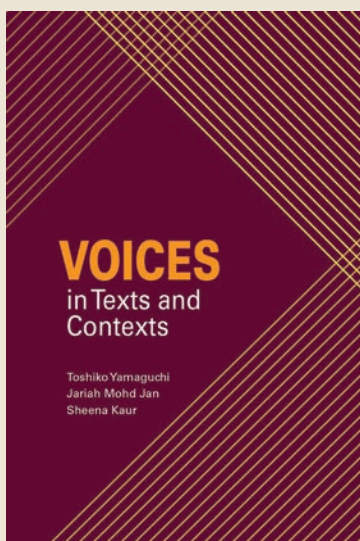
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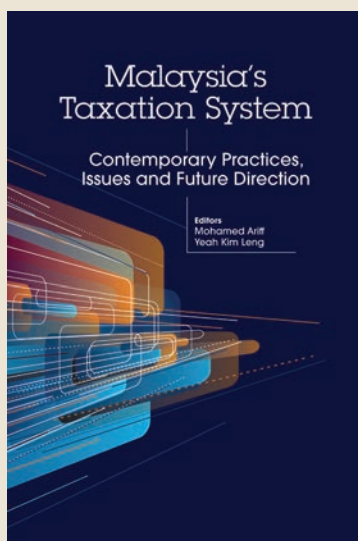
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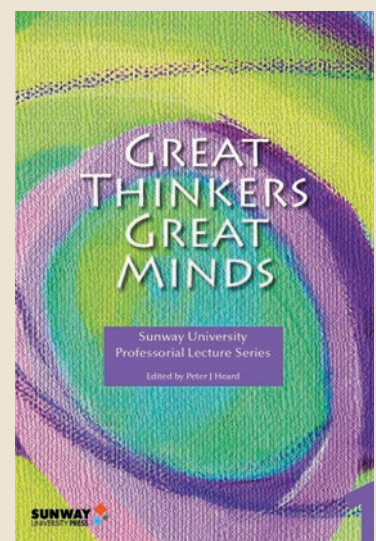
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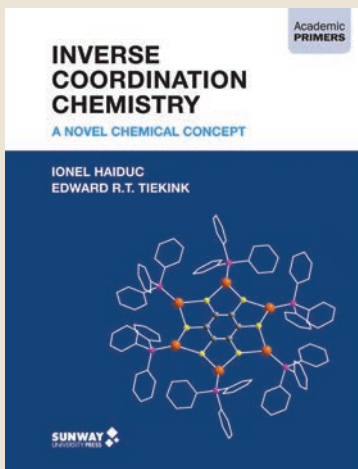
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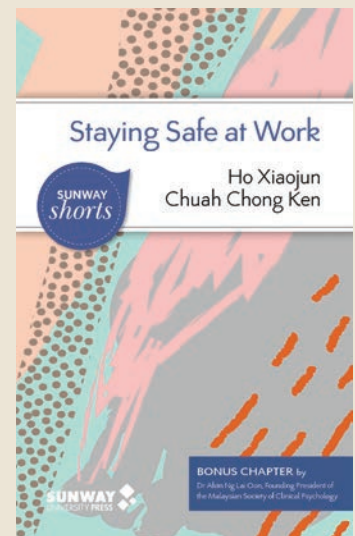
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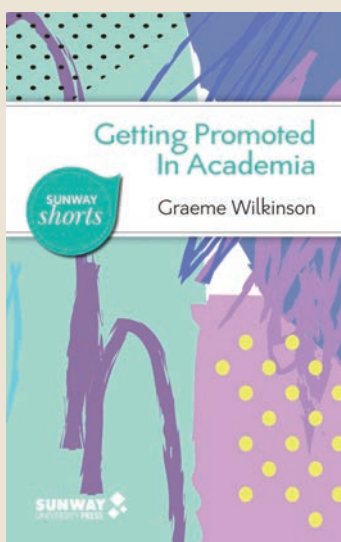
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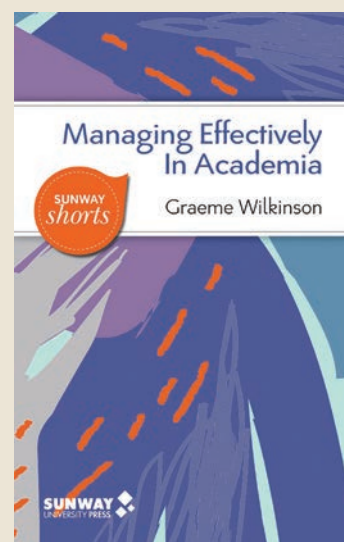
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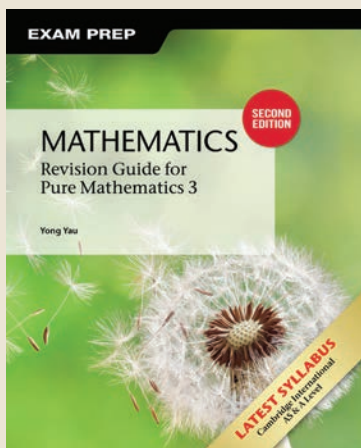


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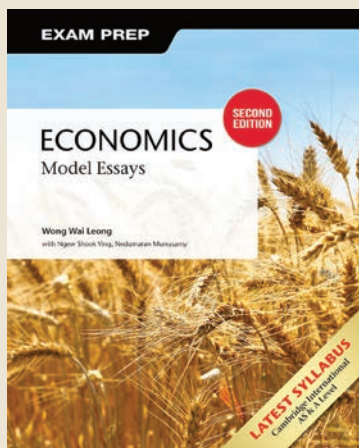


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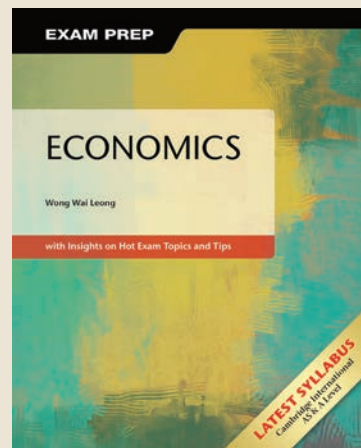
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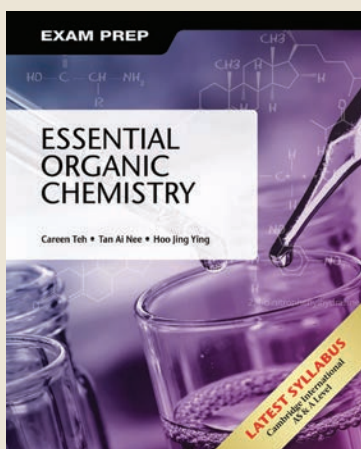
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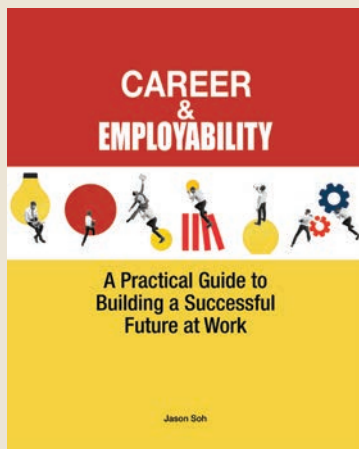
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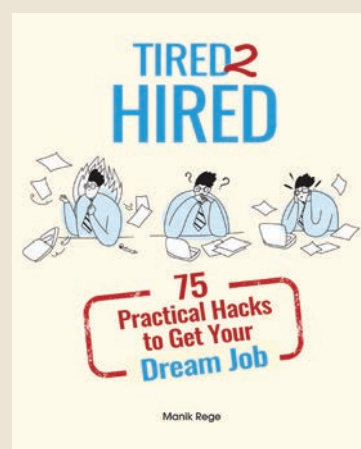
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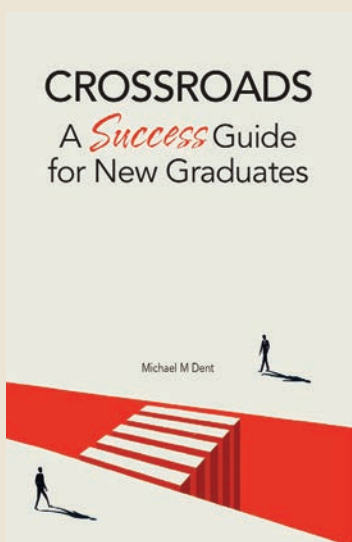
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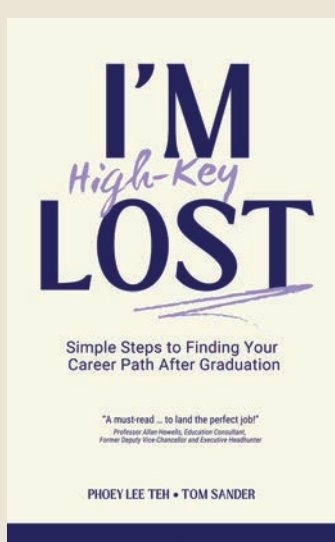
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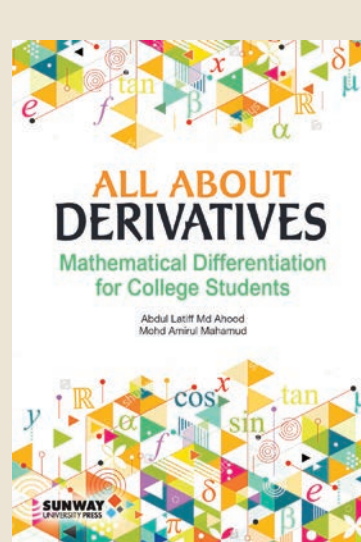
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